



Mental Health Commission Corporate Plan 2011



MENTAL HEALTH COMMISSION

CORPORATE PLAN 2011



STRATEGIC PRIORITIES 2009 – 2012 – Keeping a Clear Focus.

The Mental Health Commission's Strategic Plan for the period 2009 – 2012 sets the basis for the organisation's Strategic Priorities in this four year period.

This Corporate Plan is for Year Three of our Strategic Planning Period (2011) and it is linked to each of our six Strategic Priority areas for 2009-2012:-

1. Services Users and their Families and Carers
2. Human Rights and Best Interests
3. Quality, Compliance and Best International Standards
4. Needs and Rights Addressed in an Integrated and Cohesive Manner
5. Public Understanding of Mental Illness
6. Organisational Efficiency

(Ref: MHC Strategic Plan 2009-2012 pp18-24)

At a time of severe pressure on public finances it is important that we focus clearly on what we aim to achieve.

Our Corporate Plan is the document we use to keep our organisation focused on strategic objectives and to explain our priorities and our plans for 2011.

The Commission's Strategic Priorities includes the following aims and specific objectives:

1. Services users and their families and carers

- Involving services users and their families and carers in policy and planning;
- Involving services users and their families and carers in individual care planning;

2. Human Rights and Best Interests

- Embedding a commitment to human rights in our work and mental health service providers' policy and practice;
- Arranging statutory reviews of Involuntary Admissions;
- Promoting and supporting advances in legislation to protect the human rights and best interests of vulnerable people;
- Monitoring Rules and Codes of Practice in accordance with the Mental Health Act 2001;

3. Quality, Compliance and Best International Standards

- Facilitating and supporting implementation of the quality improvement standards for mental health services in Ireland (Quality Framework for Mental Health Services in Ireland, MHC 2007);
- Continuing to support mental health services research;
- Effective inspection and reporting to enhance compliance and continuous quality improvement;
- Promoting the development of a national mental health information system;

4. Needs and Rights Addressed in an Integrated and Cohesive Manner

- Working to inform other relevant state agencies and organisations within the wider mental health domain about the Commission's strategy and its links with Vision for Change

5. Public Understanding of Mental Illness

- Challenging the barriers experienced by people with a mental illness to social inclusion and active citizenship;

6. MHC Organisational Efficiency

- Maintaining and enhancing Mental Health Commission systems and processes to ensure the provision of a quality service.
- Promoting a culture that reflects our organisation's values:
- Ensuring our staff are well trained and competent;
- Fostering a wider understanding of our role and functions.

OUR KEY PRIORITIES FOR 2011

Using links to each of the aims and objectives in our Strategic Priorities for 2009-2012 (Ref: MHC Strategic Plan 2009-2012 pp18-24) we have set out below the activities we will undertake in 2011 under each priority to achieve our stated objectives.



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OBJECTIVE

1. Service users and their families and carers are active participants in the care process

ACTION/TARGET


- To carry out a survey on Irish Service User Perspectives of Mental Health Tribunals.
- To meet with service user and carer representatives and consumer panels as a National group.
- To carry out an in-patient service user survey in conjunction with the Irish Advocacy Network.
- Regional Advocate(s) will be invited to attend Executive Clinical Director super catchment area meetings in each HSE Area to obtain their views on the inclusion of service users in the management of their local services.
- Evaluation of public and service user involvement in the Commission's work (2010):
 - - The action plan will be implemented during 2011.
- Carry out a review of the views/needs of carers/families/advocates of mental health service users.
- Continue to provide information to service providers, service users and general public on the provisions and procedures of the Mental Health Act 2001.
- Co-operate with approved centres and service user groups regarding training events.

2. The human rights and best interests of all persons who use mental health services are respected and protected

- To carry out any inquiries as determined by the Minister for Health and Children and/or the Mental Health Commission
- Continue to provide and monitor statutory reviews by Mental Health Tribunals within statutory time scales and in an effective manner.
- Develop a rights and advocacy-based toolkit for community child and adolescent services in 2011, similar to the Headspace toolkit for inpatient services.
- Complete a knowledge review on international seclusion & restraint reduction initiatives and their efficacy.
- Develop a proposed action plan to reduce the use of seclusion and restraint in approved centres based on the findings of the above knowledge review and data collected by the Commission in 2008 & 2009.

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OBJECTIVE



3. The quality of mental health services is consistent with best international standards

ACTION/TARGET

- To inspect all approved centres.
- To inspect a random sample (of approximately 10) supervised community residences.
- To carry out 3 whole service evaluations (WSE's) mapping the care pathways.
- To visit a sample of home based treatment teams as part of the whole service evaluations.
- To visit a sample of day hospitals as part of the whole service evaluations.
- To visit a sample of day centres as part of the whole service evaluations.
- To visit a sample of outpatient clinics as part of the whole service evaluations.
- To visit 1 sector team for each of the 3 whole service evaluations.

- Continue work on the Mental Health Commission (MHC)/Irish Society of Quality and Safety in Healthcare (ISQSH) inpatient perception project.
- Evaluate ISQSH / MHC inpatient perception project with a view to rolling it out on a regular basis in inpatient settings/community settings.

- Issue an addendum to the Rules Governing the Use of Seclusion and Mechanical Means of Bodily Restraint.
- Review the Code of Practice on the Admission of Children under the Mental Health Act 2001.
- Continue to support implementation of the Mental Health Act 2001 by developing appropriate guidance for GPs in conjunction with the ICGP and guidance on the exclusion criteria for mental disorder with the College of Psychiatry.
- The Commission will continue to monitor the need to update existing codes of practice such as the code of practice on death notification and incident reporting throughout 2011 in light of any new systems introduced or any legislative changes.

OBJECTIVE

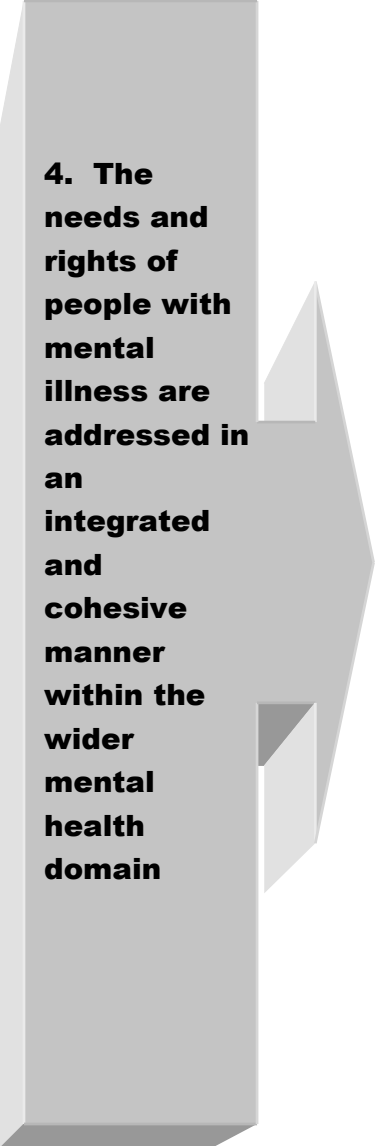
3. The quality of mental health services is consistent with best international standards
(Continued)

ACTION/TARGET

- Completion of the National Mental Health Services Collaborative (NMHSC). Final evaluation report will be completed by Mental Health Strategies.
- Work collaboratively with relevant external partners in a scoping exercise to develop a suite of key performance indicators for mental health services.
- Encourage and support quality improvement initiatives in mental health services in line with the standards in the Quality Framework for Mental Health Services on an ongoing basis.
- Facilitate information sharing amongst services of good practice initiatives on an ongoing basis through the Commission's website and other mediums.
- Develop the CAMHS specific criteria for the standards in the Quality Framework for Mental Health Services in Ireland.
- Carry out a profiling of 24 hour staffed community residences.

- Register of approved centres is maintained on an ongoing basis.
- Fulfil statutory obligations under Section 64(9) Mental Health Act 2001 in relation to approved centres whose period of registration expires in 2010.
- Applications for registration as an approved centre processed in a timely manner in accordance with standard operating procedures.
- Non-Compliance with statutory criteria as advised by the Inspector of Mental Health Services is followed-up by requesting Implementation plans with corrective action taken as deemed appropriate.

OBJECTIVE



4. The needs and rights of people with mental illness are addressed in an integrated and cohesive manner within the wider mental health domain

ACTION/TARGET

- Working to inform other relevant state agencies and organisations within the wider mental health domain about the Commission's strategy and its links with Vision for Change
- Facilitate information sharing amongst services of good practice initiatives on an ongoing basis through the Commission's website and other mediums.
- We will monitor MHC Research Funded Projects.
- We will develop links with a third level academic institution which will promote learning and access to relevant academic programmes.

The Inspector will meet

- With Executive Clinical Directors, Local Health Managers and Senior Clinical Staff in each HSE super catchment area and with Senior Executives and Senior Clinical Staff of each independent service provider to review service provision.
- The Executive Clinical Director super catchment area meetings to include representatives from Child and Adolescent Mental Health Services and Mental Health Services for Persons with an Intellectual Disability.
- With representatives from Addiction Services as a National group.
- With representatives from Rehabilitation and Recovery Mental Health services as a National group.



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OBJECTIVE

5. Public understanding of mental illness is enhanced, stigma is diminished and public attitudes are increasingly respectful

ACTION/TARGET

- Work in planning a World Mental Health Day event.
- Support Sea-Change initiative.
- To issue three e- bulletins on the activities of the Mental Health Commission during 2011. Q2, Q3, Q4 2011.
- Continue to monitor and evaluate the Mental Health Commission's website to ensure its maximum potential as a medium for imparting information on the Mental Health Commission's role and functions.
- To consult with key stakeholders on effective processes of communication and sharing of information.
- Publication of position paper on Forensic Mental Health Services for Adults in Ireland.
- Publication of Position Paper on "The human cost of the economic crisis: A review of the evidence on economic adversity and mental health and suggestions for action".

6. The Mental Health Commission is viewed as an efficient organisation with the interests of people with serious mental illness or mental disorder at the forefront of all our activities

- Review and further develop the Mental Health Commission's corporate governance framework in line with best practice and government policy as required.
- Review new compliance requirements arising from the code of practice for the governance of state bodies in liaison with Mental Health Commission members and CEO by Q2 2011.
- Monitor the performance management development system (PMDS) used by the Mental Health Commission to ensure its alignment with the Commission's strategic plan on an ongoing basis.
- Ensure Mental Health Commission operates in accordance with relevant statutory provisions underpinning all its functions, including Freedom of Information Acts 1997 and 2003 and Data Protection Acts 1988 and 2003.