

# CLINICAL PRACTICE FORM

MENTAL HEALTH ACT SECTION 23(1)

POWER TO PREVENT VOLUNTARY PATIENT (ADULT)  
FROM LEAVING AN APPROVED CENTRE



## PART A

Before completing this form please read the notes overleaf  
PLEASE COMPLETE IN BLOCK CAPITALS AND FILE IN THE PERSON'S CLINICAL FILE

- 1) Full Name and Address of Person detained:
- 2) Date of Birth & Gender:  /  /  (dd/mm/yyyy) M  F
- 3) Personal Public Service Number (PPSN):
- 4) Approved Centre Name and Address:
- 5) Date & Time Person is detained from  /  /   :  (24 hr clock e.g. 2.21pm as 14:21)
- 6) Date & Time period of detention ended  /  /   :  (24 hr clock e.g. 2.21pm as 14:21)
- 7) Designation of staff member detaining Person at Approved Centre  
Consultant Psychiatrist   
Registered Medical Practitioner   
Registered Nurse
- 8) Name of staff member detaining Person
- 9) Was Risk Assessment used?  YES (if yes, please provide details below)  NO
- 10) Was the Person informed they are being detained under Section 23(1) of the Mental Health Act 2001?  YES  NO (if no, please provide details below)
- 11) In my opinion it has been necessary, in the best interest of the above named person, to take charge of this person and detain him/her for a period not exceeding 24 hours. I am of the opinion that this person is suffering from a mental disorder as defined in Section 3 of the Mental Health Act 2001.

Signed: \_\_\_\_\_

Date:  /  /  (dd/mm/yyyy) Time:  :  (24 hr clock e.g. 2.21pm as 14:21)

## PART B

- 12) Was the above named person detained under an admission order pursuant to Section 24(3)?  YES  NO (if no, please complete number 13 below)
- 13) Did the person stay in the Approved Centre as a voluntary patient  YES  NO

Signed: \_\_\_\_\_ Job Title: \_\_\_\_\_

Date:  /  /  (dd/mm/yyyy)

Care should be taken when completing this form. When completed, it is to be filed in the person's clinical file at the Approved Centre. This form may be inspected by the Inspector of Mental Health Services, requested by a Mental Health Tribunal or by the Mental Health Commission.

### SECTIONS OF THE MENTAL HEALTH ACT (2001)

#### Section 23 (1) of the Mental Health Act (2001) states:

23. —(1) Where a person (other than a child) who is being treated in an approved centre as a voluntary patient indicates at any time that he or she wishes to leave the approved centre, then, if a consultant psychiatrist, registered medical practitioner or registered nurse on the staff of the approved centre is of opinion that the person is suffering from a mental disorder, he or she may detain the person for a period not exceeding 24 hours or such shorter period as may be prescribed, beginning at the time aforesaid.

#### Definition of a Child:

"child" means a person under the age of 18 years other than a person who is or has been married; (Section 2 Mental Health Act 2001)

#### Definition of an Adult:

"adult" means any person who is not included in the definition of a "child" in the Act.