

## **Inspector of Mental Health Services 2012 Reports**

This is the second batch of the 2012 reports of the Inspector of Mental Health Services. Inspection reports will be released at intervals over the coming year.

No conclusions can be drawn regarding the overall state of mental health services at a national level from these initial batches. However, the reports show that improvements are required in all three services/facilities.

The services reported on are:

1. St. Aloysius Ward, Mater Misericordiae University Hospital
2. St. Joseph's Intellectual Disability Services
3. Joyce Rooms, Fairview Community Unit

Under the Mental Health Act 2001 the Inspectorate is required to inspect annually all Approved Centres for mental health services. In addition, the Inspectorate may inspect any mental health service.

According to the Act inspections must be with respect to Regulations, Rules and Codes of Practices as well as providing an overall assessment of the quality of care and treatment.

### **Regulations**

Mental Health Act, 2001 (Approved Centres) Regulations 2006 - S.I. No 551 of 2006 cover a wide range of requirements all relating to the overall care and treatment.

### **Rules**

Rules relate to ECT, Seclusion and Mechanical Restraint and are drawn up by the Mental Health Commission. They have the same force as statutory instruments.

### **Codes of Practice**

There are also a number of Codes of Practice in relation to Admission, Transfer and Discharge, Admission of Children, Deaths and Incident Reporting, Working with People with intellectual disabilities, Use of ECT for Voluntary Patients and Use of Physical Restraint. These Codes of Practice are also drawn up by the Mental Health Commission.

### **Inspection Process**

The inspection process involves:

- At the start of the inspection cycle an initial self-assessment by the service.
- A visit to the mental health service.
- Informal feedback following the visit to the mental health service.
- Breaches of an urgent nature are communicated immediately to the Commission.

- An initial draft report by members of the Inspectorate team to the mental health service for factual correction.
- Factual correction of the initial draft report by the mental health service.
- Factually corrected draft (version 2) Approved Centre inspection reports are sent to the Standards and Quality Assurance Division of the Mental Health Commission for appropriate action.

The Inspectorate holds the view that for maximal impact, reports should be published as quickly as possible following an inspection. Reports are now issued on a continuous basis rather than annually as previously.

Attempts are made by the Inspectorate to identify patterns and trends on an end of year basis.

**The main points for the current batch of reports are as follows:**

**St. Aloysius Ward, Mater Misericordiae University Hospital**

**SUMMARY OF COMPLIANCE WITH MENTAL HEALTH ACT 2001 (APPROVED CENTRES) REGULATIONS 2006**

<b>COMPLIANCE RATING</b>	<b>2010</b>	<b>2011</b>	<b>2012</b>
Fully Compliant	23	24	23
Substantial Compliance	5	4	4
Minimal Compliance	3	2	3
Not Compliant	0	1	1
Not Applicable	0	0	0

**Summary**

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- The premises were small and cramped with no free access to outside space. A new unit was planned but had not commenced construction.
- There were a number of serious privacy issues which required urgent attention.
- There was a dearth of multidisciplinary staff which had a detrimental effect on recreational activities and therapeutic services and programmes.
- The maintenance of records and the quality of the policies was very good.
- All residents had an individual care plan but there was limited multidisciplinary input due to a lack of health and social care professionals.

## St. Joseph's Intellectual Disability Services

### SUMMARY OF COMPLIANCE WITH MENTAL HEALTH ACT 2001 (APPROVED CENTRES) REGULATIONS 2006

COMPLIANCE RATING	2010	2011	2012
Fully Compliant	26	26	19
Substantial Compliance	2	3	9
Minimal Compliance	1	0	1
Not Compliant	0	0	0
Not Applicable	2	2	2

#### Summary

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- The staff in St. Joseph's Intellectual Disability Service impressed as being extremely caring, enthusiastic and knowledgeable.
- The range of recreational activities and therapeutic programmes was excellent.
- Individual care plans were in use and showed active service user involvement.
- St. Fiachra's unit and Ashlea were unsuitable as accommodation for residents. Areas leading into Ashlea were dirty and in poor condition. However Knockamann provided excellent accommodation for residents.

## Joyce Rooms, Fairview Community Unit

### SUMMARY OF COMPLIANCE WITH MENTAL HEALTH ACT 2001 (APPROVED CENTRES) REGULATIONS 2006

COMPLIANCE RATING	2010	2011	2012
Fully Compliant	Not Applicable	Not Applicable	22
Substantial Compliance	Not Applicable	Not Applicable	6
Minimal Compliance	Not Applicable	Not Applicable	2
Not Compliant	Not Applicable	Not Applicable	0
Not Applicable	Not Applicable	Not Applicable	1

#### Summary

- Despite the temporary facilities and uncertain future, the approved centre was functioning well and providing good care and treatment to the residents.
- All residents had an individual care plan and there was a good activation facility. With the imminent appointment of a new occupational therapist the access to therapeutic programmes and services should improve.
- The transfer of residents for sleeping-out purposes due to the bed shortages was not satisfactory and not in the best interest of residents.
- The provision of laundry facilities was unsatisfactory as personal laundry went missing, there was no facility for doing personal laundry in the centre and there were inadequate number of towels available.