

INSPECTORATE OF MENTAL HEALTH SERVICES

CATCHMENT TEAM REPORT

INSPECTION 2013

HSE AREA	South
CATCHMENT AREA	Waterford/ Wexford
MENTAL HEALTH SERVICE	Waterford/Wexford
POPULATION	278,000
NUMBER OF SECTORS	5
NUMBER OF APPROVED CENTRES	3
SPECIALIST TEAMS	Psychiatry of Old Age (POA) Rehabilitation Child and Adolescent Mental Health Services (CAMHS) Substance Misuse
DATE OF MEETING	13 March 2013

Summary

- The Wexford and Waterford catchment areas had successfully merged and were functioning as one unit.
- The approved centre at St. Senan's Hospital had closed.
- Additional health and social care professionals had been added to the community mental health teams (CMHTs).
- In-patient beds in the regional CAMHS In-Patient unit in Eist Linn in Cork were difficult to access, with the result that children were still being admitted to the adult in-patient unit in the Department of Psychiatry (DOP) in Waterford.
- Although recommended in the catchment area report for Waterford in 2008, sector teams had not been amalgamated in line with *A Vision for Change*.
- There was no day hospital in the Waterford region.

SERVICE DESCRIPTION

The Waterford/Wexford catchment area was a recently constructed one from the amalgamation of two former areas. The catchment covered an area from North Wexford in the north to West County Waterford in the west, and served a population of 278,000 including South Kilkenny. There were three approved centres at the time of the catchment meeting, but this was due to be revised in the coming weeks with the closure of St. Senan's Hospital, and the opening of a new approved centre in Wexford town. The service also planned to create an additional sector team. There were five sector teams, two psychiatry of old age teams, two rehabilitation teams and two nurse-led liaison services in the newly configured catchment area. In addition, the CAMHS consultant provided a service for children with an Intellectual Disability for the whole South East region.

PROGRESS ON RECOMMENDATIONS FROM THE 2008 CATCHMENT REPORT

1. Each resident must have an integrated individual care plan.

Outcome: Following a re-inspection of the DOP Waterford in September 2012, it was determined that all residents had an individual care plan.

2. Consideration should be given to amalgamating sectors in line with national health policy.

Outcome: The individual catchment areas of Waterford and Wexford had been amalgamated.

3. Community mental health teams should be adequately staffed in order to provide a comprehensive community service.

Outcome: This had not yet been fully achieved, although the number of health and social care professionals had been increased.

4. Local health management should actively support the closure plans for St. Otteran's Hospital and the rehabilitation team should be properly staffed as a measure to achieve this. A project team for closure of the hospital should be appointed from within the service.

Outcome: Two wards remained in St. Otteran's Hospital, but neither of these were located in the original 19th century building.

5. Sleeping out residents in other wards around the hospital must cease (St. Senan's).

Outcome: This no longer occurred.

6. All teams should be staffed to the required level outlined in the national policy document.

Outcome: This had not been achieved.

7. All residents with an intellectual disability living in the hospital must be re-located to more suitable accommodation. There must be a mental health team for persons with an intellectual disability.

Outcome: The re-location of residents with an intellectual disability to more suitable accommodation was imminent at the time of the meeting.

8. The hospital closure plan must be funded and resourced.

Outcome: This had been achieved.

9. Nursing Home care must be funded for those residents for whom it is appropriate.

Outcome: This had been achieved.

10. Any monies raised from the sale of lands must be ring fenced for the provision of mental health services in Wexford.

Outcome: Lands in the Waterford/Wexford mental health catchment area had not been sold.

DEVELOPMENTS 2012-2013

- The catchment areas of Waterford and Wexford had been amalgamated.
- A newly refurbished acute ward had been opened in the DOP Waterford.
- The re-location of residents from St. Senan's Hospital was almost complete.

TOTAL STAFFING at the time of the Catchment Meeting in March 2013
(Comparison with 2008)

Entries for 2013 are stated as at the date of the 2013 catchment area meeting

Medical Staff (WTE)	2008	2013
Total Number of Psychiatrists (Adult MHT)	13	12.5
Total number of Senior Registrars	1	1
Total Number of NCHDs	14	12.5

Nursing Staff (WTE)	2008	2013
DON	2	1
ADON	10	4.5
Nurses in in-patient units	214.35	295
Nurses in community residences	36.5	64
CMHN	29	13
Day services	22.5	7
Other	3	23.2

Health and Social Care Professionals (WTE)	2008	2013
Occupational therapist	4	5.5
Psychologist	10.6	7.2
Social Worker	8.1	8.4

WTE – Whole Time Equivalent
MHT – Mental Health Team
NCHD – Non Consultant Psychiatric Doctor
DON – Director of Nursing
ADON – Assistant Director of Nursing
CMHN – Community Mental Health Nurse

Approved Centres:

Approved Centre Name	Number of Beds	Teams Responsible
DOP, Waterford	44	General Adult
St. Otteran's Hospital	40	Psychiatry of Old Age (POA) Rehabilitation
St. Senan's Hospital	32	POA Rehabilitation

RESIDENTIAL FACILITIES

Entries for 2013 are stated as at the date of the 2013 catchment area meeting

24 hour residences

Name of Residence	Number of Beds	Number of Nursing Staff	Rent
Ard na Deise, Waterford city	14	6	€70 or individually assessed
Springmount, Dungarvan	13	6	€70 or individually assessed
Ardamine, Wexford	11	5.3	€70 or individually assessed
Tus Nua, Enniscorthy	12	9.5	€70 or individually assessed
58 Westlands, Enniscorthy	8	6.5	€70 or individually assessed
Croi an Tobar Enniscorthy	8	10.7	€70 or individually assessed

Medium Support Residences

Name of Residence	Number of Beds	Number of Nursing Staff	Rent
Glendower	8	4, covering Glendower, Sarto & Raheen	€70 or individually assessed
Sarto	4	4, covering Glendower, Sarto & Raheen	€70 or individually assessed
Raheen	4	4, covering Glendower, Sarto & Raheen	€70 or individually assessed
Springhill 2&3	9	3	€70 or individually assessed
5 Oilgate (ID)	5	3	€70 or individually assessed
56 Westlands	7	3	€70 or individually assessed

Low Support Residences

Name of Residence	Number of Beds	Number of Staff	Rent
35 Kilcohan , Waterford city	4	4 , to cover Waterford city	€70 or individually assessed
12 St. Herblain, Waterford city	4	“	€70 or individually assessed
41 Avondale, Waterford city	4	“	€70 or individually assessed
166 Larchville , Waterford city	3	“	€70 or individually assessed
Middlemount, Lower Newtown, Waterford city	3	“	€70 or individually assessed
32 Grange Heights, Waterford city	4	“	€70 or individually assessed
75 Farron Park, Waterford city	3	“	€70 or individually assessed
3 Sylvian Green, Grantstown Park, Waterford city	4	“	€70 or individually assessed
15 Silversprings, Dungarvan	5	3, to cover residences in Dungarvan and the day centre	€60 or individually assessed
27 Congrees Villas, Dungarvan	2	“	€60 or individually assessed
Brownswood	3	0	€60 or individually assessed
55 Westlands	4	0	€60 or individually assessed
Mourne Park	3	0	€60 or individually assessed
Cul na Boy	3	0	€60 or individually assessed

GENERAL ADULT MENTAL HEALTH SERVICES

Sector Name: Waterford City Sector

Population: 59,000

Description of service

This sector covered a city centre area with a population of 59,000.

Entries for 2013 are stated as at the date of the 2013 catchment area meeting.

Post	Grade	WTE	Comment
Consultant psychiatrist		2	
Senior Registrar		0	
NCHD		2	
ADON		0.3	Shared post
Community Mental Health Nurses		2	
Other Nursing Staff		4 (shared)	
Occupational therapist		0	1, currently on career break
Psychologist	Senior Basic	1 1	shared with another team
Social worker	Team leader Basic	0.5 1	due to increase to 2 by end March 2013
Addiction counsellor		0	

NCHD – Non Consultant Hospital Doctor
ADON – Assistant Director of Nursing

Facilities	Number	Location	Comment
Sector Headquarters	None		
Day Hospital	1	Brook House, Waterford	Although Brook House was registered as a Day Centre, the service regarded it as a combined day centre/day hospital.
Day Centre	1	Brook House, Waterford	Excellent premises. Although Brook House was registered as a Day Centre, the service regarded it as a combined day centre/day hospital.

Sector Name: Waterford County

Population: 55,000

Entries for 2013 are stated as at the date of the 2013 catchment area meeting

Post	Grade	WTE	Comment
Consultant psychiatrist		2	
Senior Registrar		0	
NCHD		2	
ADON		0.3	Shared post
Community Mental Health Nurses		3	
Other Nursing Staff		3 0.5	Day centre Counsellor
Occupational therapist	Senior	0.5	
Psychologist	Basic	1	
Social worker	Basic	0	Vacant
Addiction counsellor		0	
Other – Nurse Counsellor		0.5	

NCHD – Non Consultant Hospital Doctor

ADON – Assistant Director of Nursing

Facilities	Number	Location	Comment
Sector Headquarters	2	Health Centre. Tramore Newport Day Centre, Dungarven	
Day Hospital	None		
Day Centre	1	Newport Day Centre, Dungarven	

Sector Name: South Kilkenny

Population: 19,000

Entries for 2013 are stated as at the date of the 2013 catchment area meeting.

Post	Grade	WTE	Comment
Consultant psychiatrist		0.5	
Senior Registrar		0	
NCHD		0.5	
ADON		0	
Community Mental Health Nurses		1	
Other Nursing Staff		4	Shared with Brook House (day centre)
Occupational therapist		0	
Psychologist	Basic	0	0.5 post expected May 2013
Social worker	Basic	1	

*NCHD – Non Consultant Hospital Doctor
ADON – Assistant Director of Nursing*

Facilities	Number	Location	Comment
Sector Headquarters		Brook House	Suitable
Day Hospital	0	None	
Day Centre	0	None	

Sector Name: Wexford North**Population: 67,000**

Entries for 2013 are stated as at the date of the 2013 catchment area meeting

Post	Grade	WTE	Comment
Consultant psychiatrist		2	
Senior Registrar		0	
NCHD		3	1 located in Newcastle Hospital, Wicklow
ADON		1	
Community Mental Health Nurses		4	
Other Nursing Staff	CNM1 RPN	12	Work in Tara House and Carne House (day hospitals)
Occupational therapist		2	
Psychologist		2	
Social worker		2	
Addiction counsellor		1	

*NCHD – Non Consultant Hospital Doctor**ADON – Assistant Director of Nursing**CNM – Clinical Nurse Manager**RPN – Registered Psychiatric Nurse*

Facilities	Number	Location	Comment
Sector Headquarters	2	Carn House, St. John's Hospital, Enniscorthy Tara House, Gorey	
Day Hospital	2	Carn House, St. John's Hospital, Enniscorthy Tara House, Gorey Carne House, Enniscorthy	
Day Centre	None		

Sector Name: Wexford South**Population: 78,000**

Entries for 2013 are stated as at the date of the 2013 catchment area meeting

Post	Grade	WTE	Comment
Consultant psychiatrist		2	
Senior Registrar		0	
NCHD		2	
ADON		1	Team coordinator
Community Mental Health Nurses	CNM 2 and CNS	3	
Other Nursing Staff	CNM 2, CNS, RPN	10.7	
Occupational therapist		3	One post vacant
Psychologist		1.8	
Social worker		2.7	
Addiction counsellor		1	

*NCHD – Non Consultant Hospital Doctor**ADON – Assistant Director of Nursing**CNM – Clinical Nurse Manager**CNS – Clinical Nurse Specialist**RPN – Registered Psychiatric Nurse*

Facilities	Number	Location	Comment
Sector Headquarters	1	Summerhill, Wexford Town	Recently refurbished
Day Hospital	1	Maryville, New Ross	Converted premises, not suitable
Day Centre	None		

PSYCHIATRY of Old Age

Description of service

There were two POA teams in the catchment area, one based in Waterford and one in Wexford.

POA Team: Waterford

Population over 65: 14,977

Facilities	Beds
Acute	None designated
Continuing Care/Dementia	24

Entries for 2013 are stated as at the date of the 2013 catchment area meeting

Post	Grade	WTE	Comment
Consultant psychiatrist		1	
Senior Registrar		1	
NCHD		1	
ADON		0	
Community Mental Health Nurses		3	
Other Nursing Staff		0	
Occupational therapist		1	
Psychologist		0	0.5 post holder on leave
Social worker		1	

NCHD – Non Consultant Hospital Doctor
ADON – Assistant Director of Nursing

Facilities	Number	Location	Comment
Sector Headquarters	None		
Day Hospital	None		
Day Centre	None		

POA Team: Wexford

Population over 65 years: 16,000

Facilities	Beds
Acute	None designated
Continuing Care/ Dementia	20

Entries for 2013 are stated as at the date of the 2013 catchment area meeting

Post	Grade	WTE	Comment
Consultant psychiatrist		1	
Senior Registrar		0	
NCHD		0	
ADON		1	
Community Mental Health Nurses		4	
Other Nursing Staff		2	In community
Occupational therapist		0	
Psychologist		0.4	
Social worker		0.2	

NCHD – Non Consultant Hospital Doctor

ADON – Assistant Director of Nurse

Facilities	Number	Location	Comment
Sector Headquarters	1	Carn House	Shared accommodation with the North Wexford team.
Day Hospital	1	Carn House	Shared
Day Centre	None		

Developments:

- A new unit at the Community Nursing Unit (CNU) was due to open in May 2013 and residents of St. Elizabeth's Ward, St. Senan's Hospital will re-locate there.
- The POA Headquarters was due to be located in the CNU.
- The CMHN acting as the dementia nurse had developed a programme of education/information for families of residents.
- Occupational therapy students were in St. Aidan's ward in St. Otteran's Hospital on placement under the supervision of the occupational therapists.

REHABILITATION

Description of service

There were two Rehabilitation teams in the catchment area, one in Waterford and one in Wexford.

Rehabilitation Team: Waterford

BEDS	Number
Acute	None designated
Rehabilitation	16

Entries for 2013 are stated as at the date of the 2013 catchment area meeting

Post	Grade	WTE	Comment
Consultant Psychiatrist		1	
Senior Registrar		0	
NCHD		1	
ADON		1	
Community Mental Health Nurses		2	
Other Nursing Staff		1	
Occupational therapist		0.5	
Psychologist		0	
Social worker		1	

NCHD – Non Consultant Hospital Doctor

ADON – Assistant Director of Nursing

Facilities	Number	Location	Comment
Sector Headquarters	1	Grangemore, St. Otteran's Hospital	
Day Hospital	None		
Day Centre	1	Activation Therapy Unit, St. Otteran's Hospital	

Rehabilitation Team: Wexford

BEDS	Number
Acute	None designated
Rehabilitation	12

Entries for 2013 are stated as at the date of the 2013 catchment area meeting

Post	Grade	WTE	Comment
Consultant psychiatrist		1	
Senior Registrar		0	
NCHD		1	
ADON		1	
Community Mental Health Nurses		3	
Other Nursing Staff (specify)		2	
Occupational therapist		0.4	
Psychologist		0.4	
Social worker		0.8	

NCHD – Non Consultant Hospital Doctor

ADON – Assistant Director of Nursing

Facilities	Number	Location	Comment
Sector Headquarters	1	Kilagoley, St. Senan's Hospital	
Day Hospital	None		
Day Centre	1	Kilagoley, St. Senan's Hospital	

Developments:

- Operation Healthy Steps St. Otteran's (OHSO), a healthy exercise programme was re-launched in 2012.
- A compliance skills programme was introduced to enhance compliance with therapy for residents.
- Plans were well advanced for residents in St. Senan's Hospital to be re-located to more suitable accommodation.
- A nurse prescribing service was due to become operational in the rehabilitation service.

LIAISON PSYCHIATRY

Description of service

Liaison services at Waterford Regional Hospital and Wexford General Hospital were provided by liaison nurses with supervision by consultant psychiatrists of sector teams. There was one nurse in Waterford Regional Hospital and two nurses located in Wexford General Hospital. In addition, two nurses worked in Wexford with General Practitioners (GPs) with a remit of providing a liaison service.

Entries for 2013 are stated as at the date of the 2013 catchment area meeting

Post	Grade	WTE	Comment
Consultant psychiatrist		0	
Senior Registrar		0	
NCHD		0.25	
ADON		0	Sector team ADON provides supervision
Community Mental Health Nurses		0	
CNM11/ CNS		6	Also provide service for SCAN (Suicide Crisis Assessment Nurse)
Occupational therapist		0	
Psychologist		0	
Social worker		0	

NCHD – Non Consultant Hospital Doctor

ADON – Assistant Director of Nursing

CNM – Clinical Nurse Manager

CNS – Clinical Nurse Specialist

OTHER TEAMS: Substance Misuse

Description of service

There was an addiction team in Waterford, staffed on a part-time basis which accepted referrals from all sector teams in Waterford. Patients with a dual diagnosis of addiction and a mental illness were seen as well as patients solely with an addiction problem. There were good links with the liaison service provided in Waterford Regional Hospital, where there were also links with local non-mental health services.

Entries for 2013 are stated as at the date of the 2013 catchment area meeting

Post	Grade	WTE	Comment
Consultant psychiatrist		0.5	
Senior Registrar		0	
NCHD		0.5	
ADON		0	
Community Mental Health Nurses		0	
Nursing Staff - Counsellors		4	
Occupational therapist		0	
Psychologist		0	
Social worker		0	

NCHD – Non Consultant Hospital Doctor

ADON – Assistant Director of Nursing

CHILD AND ADOLESCENT MENTAL HEALTH TEAMS

Population under 18 years: Not Known

Number of Sectors: 3

Approved Centres: None

Day Hospitals: None

Description of service

The CAMHS service was delivered by three CAMHS teams situated in North Wexford, South Wexford and Waterford/South Kilkenny. No on-call service was provided by the CAMHS teams and children who attended after-hours were seen either by the general adult or psychiatry of old age teams. Access to CAMHS in-patient beds in a regional CAMHS in-patient unit was extremely difficult and it was reported there was no access to an emergency bed at all for a child under the age of 18 years. Where a child was admitted to a general adult in-patient bed, the CAMHS team provided joint in-patient care for the child.

Entries for 2013 are stated as at the date of the 2013 catchment area meeting

TOTAL STAFFING OF CAMHS TEAMS

Post	Grade	WTE
Consultant psychiatrist		3
Senior Registrar		0.5
NCHD		2
ADON		0
Community Mental Health Nurses		0
Other Nursing Staff - CNS		4
Occupational therapist		1
Psychologist		2.6
Social worker		0 (one on leave)
Speech and Language therapist		
Child care workers/Social care workers		

NCHD – Non Consultant Hospital Doctor

ADON – Assistant Director of Nursing

CNS – Clinical Nurse Specialist

MENTAL HEALTH OF INTELLECTUAL DISABILITY SERVICE

Population of whole South East Region: 498,000 approx.

Approved Centres: None

Number of Beds: None

Day Hospitals: None

Other Facilities: None

Description of service

There was one CAMHS Mental Health of Intellectual Disability (MHID) team for the South Integrated Service Area (ISA). This MHID team was staffed solely by one consultant psychiatrist.

At the time of the catchment meeting, 13 residents with an intellectual disability remained in St. Senan's Hospital, but it was planned to re-locate these residents within the following few months. The residents were under the care of the rehabilitation team.

A service for adults with an Intellectual Disability in the South East region was provided by the voluntary sector, funded by the HSE.

SERVICE USER INVOLVEMENT

The service user advocate provided a report on the work undertaken by the advocate whose main function was in visiting residents of the approved centres and community residences. A Consumer Panel had been established in New Ross which met monthly and comprised service users and carers. The advocate reported that the panel was working well and members were acting as a team. Some of the issues highlighted were the lack of sufficient recreational activities for residents in the Waterford DOP and the non-payment of travelling expenses to consumer panel members. A representative of the National Service Users Executive (NSUE) was a member of the senior management team.

GOVERNANCE

The composition of the senior management team comprised the following: the executive clinical director (ECD), the Acting Clinical Director (A/CD) the service manager and the deputy manager, the director of nursing (DON), two psychologists, two social workers, an occupational therapy manager (which in this case was not a dedicated mental health occupational therapist) and a representative of NSUE. Meetings were held monthly. In addition to the senior management team, the service had a Clinical Governance committee.

CONCLUSION

The catchment area had been formed from an amalgamation of the Waterford and Wexford catchment areas and it was apparent that this merger was working successfully. Most of the beds in St. Senan's Hospital in Enniscorthy had been closed and it was expected that the remaining beds would be closed by the summer of 2013. It was subsequently reported that St. Senan's Hospital had actually closed in mid May 2013. There were five sector teams within the catchment area and the service was planning to create a further sector team; in addition there were two psychiatry of old age teams, two rehabilitation teams, a half-time team for treatment of substance misuse, one MHID consultant psychiatrist and three CAMHS teams. There were two large general hospitals in the catchment area and a liaison service was provided to in-patients of the hospitals by nurses and the NCHDs from sector teams if necessary. Although Brook House in Waterford city was named as a day hospital, senior staff stated that it did not function in reality as a day hospital and there was in fact no day hospital in the area. Whilst the delivery of more health and social care professionals in CMHTs was very welcome, deficits remained in some areas such as administrative staff and in the CAMHS service and the loss of experienced nurses without replacement across the service was a concern for the service.

There were six 24 hour nurse-staffed community residences in the catchment area, two of which were for residents with an intellectual disability.

The provision of the mental health services in the Waterford/Wexford catchment area was undergoing a transition phase. With the closure of the approved centre at St. Senan's Hospital, there was an expectation that a greater emphasis would be placed on provision of community services and this would appear to be happening in the Wexford area. Further development of community services, particularly with a day hospital service and reorganisation of community mental health teams would lead to a similar situation in Waterford.

RECOMMENDATIONS 2013

1. Sector teams should be constituted as outlined in *A Vision for Change*.
2. The consultant psychiatrist who provides an MHID service should be supported with team members.