# Report of the Inspector of Mental Health Services 2014

EXECUTIVE CATCHMENT AREA/INTEGRATED SERVICE AREA	North Dublin
HSE AREA	Dublin North East
MENTAL HEALTH SERVICE	North Dublin
APPROVED CENTRE	Hawthorn Unit, Connolly Hospital
NUMBER OF WARDS	1
NAMES OF UNITS OR WARDS INSPECTED	Hawthorn Unit
TOTAL NUMBER OF BEDS	6
CONDITIONS ATTACHED TO REGISTRATION	None
TYPE OF INSPECTION	Unannounced
DATE OF INSPECTION	20 March 2014
INSPECTED BY	Patricia Doherty, Assistant Inspector of Mental Health Services
	Liam Hennessy, Assistant Inspector of Mental Health Services
ACTING INSPECTOR OF MENTAL HEALTH SERVICES	Dr. Susan Finnerty, MCN009711

# **Summary**

- The approved centre provided a high quality of care to a small number of elderly residents. The staff were proactive and caring in their approach. A multidisciplinary approach to care was evident.
- There was just one toilet for all residents, which was inadequate. The building was due to be vacated when a purpose built facility in Beaumont Hospital opened later in 2014.
- Staff training in some areas needed to be addressed.
- Arrangements in relation to clinical incident reporting should be reviewed.

## **OVERVIEW**

In 2014, the Inspectorate inspected this Approved Centre against all of the Mental Health Act 2001 (Approved Centres) Regulations 2006.

The Inspectorate was keen to highlight improvements and initiatives carried out in the past year and track progress on the implementation of recommendations made in 2013. In addition to the core inspection process, information was also gathered from service user interviews, staff interviews and photographic evidence collected on the day of the inspection.

#### **DESCRIPTION**

This psychiatry of old age service was situated in a compact unit situated on the lower ground floor of Connolly Hospital. It was bright and well maintained but space was at a premium. There was just one toilet for all elderly residents. On the day of inspection, three of the four patients were detained. Plans were at an advanced stage to move the service to a purpose-built facility in Beaumont Hospital, which was due to open in April 2014.

#### CONDITIONS

• There were no conditions attached to the registration of the approved centre.

# SUMMARY OF COMPLIANCE WITH MENTAL HEALTH ACT 2001 (APPROVED CENTRES) REGULATIONS 2006

COMPLIANCE RATING	2012	2013	2014	ARTICLE NUMBERS 2014
Fully Compliant	29	24	24	
Substantial Compliance	0	3	4	6,26,31,32
Minimal Compliance	0	0	1	22
Not Compliant	0	2	0	
Not Applicable	2	2	2	17,25

# PART ONE: QUALITY OF CARE AND TREATMENT SECTION 51 (1)(b)(i) MENTAL HEALTH ACT 2001

# **DETAILS OF WARDS IN THE APPROVED CENTRE**

WARD	NUMBER OF BEDS	NUMBER OF RESIDENTS	TEAM RESPONSIBLE
Hawthorn Unit	6	4	Psychiatry of Old Age Team

## **QUALITY INITIATIVES 2013/2014**

- A nursing metrics project was about to commence.
- The approved centre had introduced the North Dublin Mental Health Services profiling booklet
   My Communication Book which sets out in writing and pictorially information relevant and particular to the resident concerned.

# PROGRESS ON RECOMMENDATIONS IN THE 2013 APPROVED CENTRE REPORT

1. Each resident must have an individual care plan.

Outcome: Each resident had an individual care plan.

- 2. Admission procedures must be completed and documented for each resident admitted to the unit.

  Outcome: This had been achieved.
- 3. The policies on the use of physical restraint and mechanical restraint Part 5 must be updated.

Outcome: This had been achieved.

4. A clinical psychologist should be appointed to the POA team.

Outcome: A clinical psychologist was appointed in December 2013.

# PART TWO: EVIDENCE OF COMPLIANCE WITH REGULATIONS, RULES AND CODES OF PRACTICE, AND SECTION 60, MHA 2001

# 2.2 EVIDENCE OF COMPLIANCE WITH REGULATIONS UNDER MENTAL HEALTH ACT 2001 SECTION 52 (d)

## **Article 4: Identification of Residents**

The registered proprietor shall make arrangements to ensure that each resident is readily identifiable by staff when receiving medication, health care or other services.

LEVEL OF COMPLIANCE	DESCRIPTION	2012	2013	2014
Fully compliant	Evidence of full compliance with this Article.	X	X	X
Substantial compliance	Evidence of substantial compliance with this Article but additional improvement needed.			

UNSATISFACTORY PERFORMANCE				
LEVEL OF COMPLIANCE	DESCRIPTION	2012	2013	2014
Minimal compliance	Effort has been made to achieve compliance with this Article but significant improvement is still needed.			
Not compliant	Service was unable to demonstrate structures or processes to be compliant with this Article.			

# Justification for this rating:

All residents were known to staff and turnover in the unit was low. Two nursing staff administered medication.

## **Article 5: Food and Nutrition**

- (1) The registered proprietor shall ensure that residents have access to a safe supply of fresh drinking water.
- (2) The registered proprietor shall ensure that residents are provided with food and drink in quantities adequate for their needs, which is properly prepared, wholesome and nutritious, involves an element of choice and takes account of any special dietary requirements and is consistent with each resident's individual care plan.

LEVEL OF COMPLIANCE	DESCRIPTION	2012	2013	2014
Fully compliant	Evidence of full compliance with this Article.	X	X	X
Substantial compliance	Evidence of substantial compliance with this Article but additional improvement needed.			

UNSATISFACTORY PERFORMANCE				
LEVEL OF COMPLIANCE	DESCRIPTION	2012	2013	2014
Minimal compliance	Effort has been made to achieve compliance with this Article but significant improvement is still needed.			
Not compliant	Service was unable to demonstrate structures or processes to be compliant with this Article.			

# Justification for this rating:

Residents had a choice of menu. Food was prepared in the main kitchen of Connolly Hospital and heated in the Bain Maries in the unit kitchen. There was a choice of menu which was discussed with residents each morning. Individual preferences were catered for. The service of a dietician was available and requirements were entered into individual care plans. Tap water and juices were available to residents.

# **Article 6: Food Safety**

- (1) The registered proprietor shall ensure:
- (a) the provision of suitable and sufficient catering equipment, crockery and cutlery
- (b) the provision of proper facilities for the refrigeration, storage, preparation, cooking and serving of food, and
- (c) that a high standard of hygiene is maintained in relation to the storage, preparation and disposal of food and related refuse.
- (2) This regulation is without prejudice to:
- (a) the provisions of the Health Act 1947 and any regulations made thereunder in respect of food standards (including labelling) and safety;
- (b) any regulations made pursuant to the European Communities Act 1972 in respect of food standards (including labelling) and safety; and
- (c) the Food Safety Authority of Ireland Act 1998.

LEVEL OF COMPLIANCE	DESCRIPTION	2012	2013	2014
Fully compliant	Evidence of full compliance with this Article.	X	X	
Substantial compliance	Evidence of substantial compliance with this Article but additional improvement needed.			X

UNSATISFACTORY PERFORMANCE				
LEVEL OF COMPLIANCE	DESCRIPTION	2012	2013	2014
Minimal compliance	Effort has been made to achieve compliance with this Article but significant improvement is still needed.			
Not compliant	Service was unable to demonstrate structures or processes to be compliant with this Article.			

The most recent Environmental Health Officer's report, dated 6 January 2014, was available to the Inspectorate. There were recommendations made in relation to the development of toilet facilities, removal of a disused hob and the provision of fly screens.

**Breach:** 6 (1)(b)

# **Article 7: Clothing**

The registered proprietor shall ensure that:

- (1) when a resident does not have an adequate supply of their own clothing the resident is provided with an adequate supply of appropriate individualised clothing with due regard to his or her dignity and bodily integrity at all times;
- (2) night clothes are not worn by residents during the day, unless specified in a resident's individual care plan.

LEVEL OF COMPLIANCE	DESCRIPTION	2012	2013	2014
Fully compliant	Evidence of full compliance with this Article.	X	X	X
Substantial compliance	Evidence of substantial compliance with this Article but additional improvement needed.			

UNSATISFACTORY PERFORMANCE				
LEVEL OF COMPLIANCE	DESCRIPTION	2012	2013	2014
Minimal compliance	Effort has been made to achieve compliance with this Article but significant improvement is still needed.			
Not compliant	Service was unable to demonstrate structures or processes to be compliant with this Article.			

# Justification for this rating:

All residents were in their own day clothes on the day of inspection. The service had a facility for accessing clothes in the event of shortages being experienced by residents. Clothing was laundered by family or, if this was not possible, it was sent to community laundrette by arrangement with the residents.

## **Article 8: Residents' Personal Property and Possessions**

- (1) For the purpose of this regulation "personal property and possessions" means the belongings and personal effects that a resident brings into an approved centre; items purchased by or on behalf of a resident during his or her stay in an approved centre; and items and monies received by the resident during his or her stay in an approved centre.
- (2) The registered proprietor shall ensure that the approved centre has written operational policies and procedures relating to residents' personal property and possessions.
- (3) The registered proprietor shall ensure that a record is maintained of each resident's personal property and possessions and is available to the resident in accordance with the approved centre's written policy.
- (4) The registered proprietor shall ensure that records relating to a resident's personal property and possessions are kept separately from the resident's individual care plan.
- (5) The registered proprietor shall ensure that each resident retains control of his or her personal property and possessions except under circumstances where this poses a danger to the resident or others as indicated by the resident's individual care plan.
- (6) The registered proprietor shall ensure that provision is made for the safe-keeping of all personal property and possessions.

LEVEL OF COMPLIANCE	DESCRIPTION	2012	2013	2014
Fully compliant	Evidence of full compliance with this Article.	X	х	X
Substantial compliance	Evidence of substantial compliance with this Article but additional improvement needed.			

UNSATISFACTORY PERFORMANCE				
LEVEL OF COMPLIANCE	DESCRIPTION	2012	2013	2014
Minimal compliance	Effort has been made to achieve compliance with this Article but significant improvement is still needed.			
Not compliant	Service was unable to demonstrate structures or processes to be compliant with this Article.			

A record was maintained of residents' personal property and possessions and it was separate from the individual's care plan. There was a facility for safe keeping of valuables and there was an up-to-date policy.

# **Article 9: Recreational Activities**

The registered proprietor shall ensure that an approved centre, insofar as is practicable, provides access for residents to appropriate recreational activities.

LEVEL OF COMPLIANCE	DESCRIPTION	2012	2013	2014
Fully compliant	Evidence of full compliance with this Article.	X	X	X
Substantial compliance	Evidence of substantial compliance with this Article but additional improvement needed.			

UNSATISFACTORY PERFORMANCE				
LEVEL OF COMPLIANCE	DESCRIPTION	2012	2013	2014
Minimal compliance	Effort has been made to achieve compliance with this Article but significant improvement is still needed.			
Not compliant	Service was unable to demonstrate structures or processes to be compliant with this Article.			

# Justification for this rating:

There was a supply of books and board games, TV and DVDs. A daily newspaper was delivered and residents were encouraged to take an interest in and discuss current affairs. The day room was brightly decorated with samples of residents' artwork, which had been completed the day prior to the inspection. A hairdresser visited twice monthly and a barber as requested. Staff reported some residents liked knitting.

# **Article 10: Religion**

The registered proprietor shall ensure that residents are facilitated, insofar as is reasonably practicable, in the practice of their religion.

LEVEL OF COMPLIANCE	DESCRIPTION	2012	2013	2014
Fully compliant	Evidence of full compliance with this Article.	X	X	X
Substantial compliance	Evidence of substantial compliance with this Article but additional improvement needed.			

UNSATISFACTORY PERFORMANCE				
LEVEL OF COMPLIANCE	DESCRIPTION	2012	2013	2014
Minimal compliance	Effort has been made to achieve compliance with this Article but significant improvement is still needed.			
Not compliant	Service was unable to demonstrate structures or processes to be compliant with this Article.			

# Justification for this rating:

Residents were facilitated in the practice of their religion. There were facilities in place for accessing ministers of different religions if required.

## **Article 11: Visits**

- (1) The registered proprietor shall ensure that appropriate arrangements are made for residents to receive visitors having regard to the nature and purpose of the visit and the needs of the resident.
- (2) The registered proprietor shall ensure that reasonable times are identified during which a resident may receive visits.
- (3) The registered proprietor shall take all reasonable steps to ensure the safety of residents and visitors.
- (4) The registered proprietor shall ensure that the freedom of a resident to receive visits and the privacy of a resident during visits are respected, in so far as is practicable, unless indicated otherwise in the resident's individual care plan.
- (5) The registered proprietor shall ensure that appropriate arrangements and facilities are in place for children visiting a resident.
- (6) The registered proprietor shall ensure that an approved centre has written operational policies and procedures for visits.

LEVEL OF COMPLIANCE	DESCRIPTION	2012	2013	2014
Fully compliant	Evidence of full compliance with this Article.	X	X	X
Substantial compliance	Evidence of substantial compliance with this Article but additional improvement needed.			

UNSATISFACTORY PERFORMANCE				
LEVEL OF COMPLIANCE	DESCRIPTION	2012	2013	2014
Minimal compliance	Effort has been made to achieve compliance with this Article but significant improvement is still needed.			
Not compliant	Service was unable to demonstrate structures or processes to be compliant with this Article.			

Visiting hours were displayed at the entrance to the unit. Staff reported that these were flexible. A multi-purpose room was available to visitors and residents could also avail of the coffee shop in the main hospital. Appropriate arrangements were in place for visiting children, although training in *Children First Child Protection Guidelines* had not taken place. An up-to-date policy was in place.

## **Article 12: Communication**

- (1) Subject to subsections (2) and (3), the registered proprietor and the clinical director shall ensure that the resident is free to communicate at all times, having due regard to his or her wellbeing, safety and health.
- (2) The clinical director, or a senior member of staff designated by the clinical director, may only examine incoming and outgoing communication if there is reasonable cause to believe that the communication may result in harm to the resident or to others.
- (3) The registered proprietor shall ensure that the approved centre has written operational policies and procedures on communication.
- (4) For the purposes of this regulation "communication" means the use of mail, fax, email, internet, telephone or any device for the purposes of sending or receiving messages or goods.

LEVEL OF COMPLIANCE	DESCRIPTION	2012	2013	2014
Fully compliant	Evidence of full compliance with this Article.	X	X	X
Substantial compliance	Evidence of substantial compliance with this Article but additional improvement needed.			

UNSATISFACTORY PERFORMANCE				
LEVEL OF COMPLIANCE	DESCRIPTION	2012	2013	2014
Minimal compliance	Effort has been made to achieve compliance with this Article but significant improvement is still needed.			
Not compliant	Service was unable to demonstrate structures or processes to be compliant with this Article.			

There was an up-to-date policy on communications which included the use of mobile phones. Staff reported that residents could maintain their own mobile phones and they had access to an office phone also.

#### **Article 13: Searches**

- (1) The registered proprietor shall ensure that the approved centre has written operational policies and procedures on the searching of a resident, his or her belongings and the environment in which he or she is accommodated.
- (2) The registered proprietor shall ensure that searches are only carried out for the purpose of creating and maintaining a safe and therapeutic environment for the residents and staff of the approved centre.
- (3) The registered proprietor shall ensure that the approved centre has written operational policies and procedures for carrying out searches with the consent of a resident and carrying out searches in the absence of consent.
- (4) Without prejudice to subsection (3) the registered proprietor shall ensure that the consent of the resident is always sought.
- (5) The registered proprietor shall ensure that residents and staff are aware of the policy and procedures on searching.
- (6) The registered proprietor shall ensure that there is be a minimum of two appropriately qualified staff in attendance at all times when searches are being conducted.
- (7) The registered proprietor shall ensure that all searches are undertaken with due regard to the resident's dignity, privacy and gender.
- (8) The registered proprietor shall ensure that the resident being searched is informed of what is happening and why.
- (9) The registered proprietor shall ensure that a written record of every search is made, which includes the reason for the search.
- (10) The registered proprietor shall ensure that the approved centre has written operational policies and procedures in relation to the finding of illicit substances.

LEVEL OF COMPLIANCE	DESCRIPTION	2012	2013	2014
Fully compliant	Evidence of full compliance with this Article.	X	X	X
Substantial compliance	Evidence of substantial compliance with this Article but additional improvement needed.			

UNSATISFACTORY PERFORMANCE				
LEVEL OF COMPLIANCE	DESCRIPTION	2012	2013	2014
Minimal compliance	Effort has been made to achieve compliance with this Article but significant improvement is still needed.			
Not compliant	Service was unable to demonstrate structures or processes to be compliant with this Article.			

There were up-to-date policies on searching, with and without consent, and on the finding of illicit substances. Staff reported that no searches had been carried out on any residents in 2014 to the date of inspection.

## **Article 14: Care of the Dying**

- (1) The registered proprietor shall ensure that the approved centre has written operational policies and protocols for care of residents who are dying.
- (2) The registered proprietor shall ensure that when a resident is dying:
- (a) appropriate care and comfort are given to a resident to address his or her physical, emotional, psychological and spiritual needs;
- (b) in so far as practicable, his or her religious and cultural practices are respected;
- (c) the resident's death is handled with dignity and propriety, and;
- (d) in so far as is practicable, the needs of the resident's family, next-of-kin and friends are accommodated.
- (3) The registered proprietor shall ensure that when the sudden death of a resident occurs:
- (a) in so far as practicable, his or her religious and cultural practices are respected;
- (b) the resident's death is handled with dignity and propriety, and;
- (c) in so far as is practicable, the needs of the resident's family, next-of-kin and friends are accommodated.
- (4) The registered proprietor shall ensure that the Mental Health Commission is notified in writing of the death of any resident of the approved centre, as soon as is practicable and in any event, no later than within 48 hours of the death occurring.
- (5) This Regulation is without prejudice to the provisions of the Coroners Act 1962 and the Coroners (Amendment) Act 2005.

LEVEL OF COMPLIANCE	DESCRIPTION	2012	2013	2014
Fully compliant	Evidence of full compliance with this Article.	X	X	X
Substantial compliance	Evidence of substantial compliance with this Article but additional improvement needed.			

UNSATISFACTORY PERFORMANCE				
LEVEL OF COMPLIANCE	DESCRIPTION	2012	2013	2014
Minimal compliance	Effort has been made to achieve compliance with this Article but significant improvement is still needed.			
Not compliant	Service was unable to demonstrate structures or processes to be compliant with this Article.			

A policy on Care of the Dying was available. Staff reported that residents could be transferred to the general hospital, or provided with end of life care in the approved centre. In the case of one resident to whom this applied recently, an in-reach palliative care service was provided by St. Francis Hospice.

## **Article 15: Individual Care Plan**

The registered proprietor shall ensure that each resident has an individual care plan.

[Definition of an individual care plan: "... a documented set of goals developed, regularly reviewed and updated by the resident's multi-disciplinary team, so far as practicable in consultation with each resident. The individual care plan shall specify the treatment and care required which shall be in accordance with best practice, shall identify necessary resources and shall specify appropriate goals for the resident. For a resident who is a child, his or her individual care plan shall include education requirements. The individual care plan shall be recorded in the one composite set of documentation".]

LEVEL OF COMPLIANCE	DESCRIPTION	2012	2013	2014
Fully compliant	Evidence of full compliance with this Article.	X		X
Substantial compliance	Evidence of substantial compliance with this Article but additional improvement needed.			

UNSATISFACTORY PERFORMANCE				
LEVEL OF COMPLIANCE	DESCRIPTION	2012	2013	2014
Minimal compliance	Effort has been made to achieve compliance with this Article but significant improvement is still needed.			
Not compliant	Service was unable to demonstrate structures or processes to be compliant with this Article.		X	

# Justification for this rating:

Individual Care Plans (ICPs) were provided for all residents of the approved centre in keeping with the requirements of the Regulations. Multidisciplinary teams met weekly and there was evidence in the ICPs of excellent multidisciplinary working and a holistic approach to care.

# **Article 16: Therapeutic Services and Programmes**

- (1) The registered proprietor shall ensure that each resident has access to an appropriate range of therapeutic services and programmes in accordance with his or her individual care plan.
- (2) The registered proprietor shall ensure that programmes and services provided shall be directed towards restoring and maintaining optimal levels of physical and psychosocial functioning of a resident.

LEVEL OF COMPLIANCE	DESCRIPTION	2012	2013	2014
Fully compliant	Evidence of full compliance with this Article.	X		X
Substantial compliance	Evidence of substantial compliance with this Article but additional improvement needed.			

UNSATISFACTORY PERFORMANCE				
LEVEL OF COMPLIANCE	DESCRIPTION	2012	2013	2014
Minimal compliance	Effort has been made to achieve compliance with this Article but significant improvement is still needed.			
Not compliant	Service was unable to demonstrate structures or processes to be compliant with this Article.		X	

## Justification for this rating:

Therapeutic services were provided by nursing and occupational therapy staff and documented in the individual care plans. A task centred group had been initiated by the occupational therapy department in 2014. A range of therapeutic services could be accessed as needed by patients from either the general hospital or community services. These included dietician, optician, speech and language and physiotherapy, and these interventions were documented in the clinical files.

# Article 17: Children's Education

Children were not admitted to the approved centre.

#### **Article 18: Transfer of Residents**

- (1) When a resident is transferred from an approved centre for treatment to another approved centre, hospital or other place, the registered proprietor of the approved centre from which the resident is being transferred shall ensure that all relevant information about the resident is provided to the receiving approved centre, hospital or other place.
- (2) The registered proprietor shall ensure that the approved centre has a written policy and procedures on the transfer of residents.

LEVEL OF COMPLIANCE	DESCRIPTION	2012	2013	2014
Fully compliant	Evidence of full compliance with this Article.	X	X	X
Substantial compliance	Evidence of substantial compliance with this Article but additional improvement needed.			

UNSATISFACTORY PERFORMANCE				
LEVEL OF COMPLIANCE	DESCRIPTION	2012	2013	2014
Minimal compliance	Effort has been made to achieve compliance with this Article but significant improvement is still needed.			
Not compliant	Service was unable to demonstrate structures or processes to be compliant with this Article.			

## Justification for this rating:

No residents of the approved centre on the day of inspection had been transferred elsewhere. Staff reported that, if the need for medical treatment arose, arrangements would be made by the medical staff, a referral letter would be sent and the patient would be transferred with staff, and if possible, a family member. A policy on transfers was in place.

#### **Article 19: General Health**

- (1) The registered proprietor shall ensure that:
- (a) adequate arrangements are in place for access by residents to general health services and for their referral to other health services as required;
- (b) each resident's general health needs are assessed regularly as indicated by his or her individual care plan and in any event not less than every six months, and;
- (c) each resident has access to national screening programmes where available and applicable to the resident.
- (2) The registered proprietor shall ensure that the approved centre has written operational policies and procedures for responding to medical emergencies.

LEVEL OF COMPLIANCE	DESCRIPTION	2012	2013	2014
Fully compliant	Evidence of full compliance with this Article.	X	X	X
Substantial compliance	Evidence of substantial compliance with this Article but additional improvement needed.			

UNSATISFACTORY PERFORMANCE				
LEVEL OF COMPLIANCE	DESCRIPTION	2012	2013	2014
Minimal compliance	Effort has been made to achieve compliance with this Article but significant improvement is still needed.			
Not compliant	Service was unable to demonstrate structures or processes to be compliant with this Article.			

# Justification for this rating:

There was a policy on medical emergencies. General health needs were reviewed six-monthly by a visiting general practitioner (GP) and these reviews had been completed in the clinical files reviewed. Staff reported that residents had good access to the medical and physiotherapy services of Connolly Hospital and to dietetic and speech and language community care services.

# **Article 20: Provision of Information to Residents**

- (1) Without prejudice to any provisions in the Act the registered proprietor shall ensure that the following information is provided to each resident in an understandable form and language:
- (a) details of the resident's multi-disciplinary team;
- (b) housekeeping practices, including arrangements for personal property, mealtimes, visiting times and visiting arrangements;
- (c) verbal and written information on the resident's diagnosis and suitable written information relevant to the resident's diagnosis unless in the resident's psychiatrist's view the provision of such information might be prejudicial to the resident's physical or mental health, well-being or emotional condition;
- (d) details of relevant advocacy and voluntary agencies;
- (e) information on indications for use of all medications to be administered to the resident, including any possible side-effects.
- (2) The registered proprietor shall ensure that an approved centre has written operational policies and procedures for the provision of information to residents.

LEVEL OF COMPLIANCE	DESCRIPTION	2012	2013	2014
Fully compliant	Evidence of full compliance with this Article.	X	X	x
Substantial compliance	Evidence of substantial compliance with this Article but additional improvement needed.			

UNSATISFACTORY PERFORMANCE				
LEVEL OF COMPLIANCE	DESCRIPTION	2012	2013	2014
Minimal compliance	Effort has been made to achieve compliance with this Article but significant improvement is still needed.			
Not compliant	Service was unable to demonstrate structures or processes to be compliant with this Article.			

A policy on the provision of information was available. There was a housekeeping booklet which provided information to residents on the service provided and details on the multidisciplinary team. The information leaflet was functional but basic and dull. General information leaflets were on display and staff reported that more specific information leaflets on diagnoses and treatments were available in the nursing office. A representative of the Irish Advocacy Network visited regularly and had visited the day before the inspection. Contact information was displayed on the notice boards.

# **Article 21: Privacy**

The registered proprietor shall ensure that the resident's privacy and dignity is appropriately respected at all times.

LEVEL OF COMPLIANCE	DESCRIPTION	2012	2013	2014
Fully compliant	Evidence of full compliance with this Article.	X	X	X
Substantial compliance	Evidence of substantial compliance with this Article but additional improvement needed.			

UNSATISFACTORY PERFORMANCE				
LEVEL OF COMPLIANCE	DESCRIPTION	2012	2013	2014
Minimal compliance	Effort has been made to achieve compliance with this Article but significant improvement is still needed.			
Not compliant	Service was unable to demonstrate structures or processes to be compliant with this Article.			

# Justification for this rating:

There were two double and two single bedrooms. All had window blinds and the double rooms had privacy curtains. Each resident had their own wardrobe and chest of drawers. Staff displayed a respectful attitude toward residents. Residents' privacy and dignity were respected.

#### **Article 22: Premises**

- (1) The registered proprietor shall ensure that:
- (a) premises are clean and maintained in good structural and decorative condition;
- (b) premises are adequately lit, heated and ventilated;
- (c) a programme of routine maintenance and renewal of the fabric and decoration of the premises is developed and implemented and records of such programme are maintained.
- (2) The registered proprietor shall ensure that an approved centre has adequate and suitable furnishings having regard to the number and mix of residents in the approved centre.
- (3) The registered proprietor shall ensure that the condition of the physical structure and the overall approved centre environment is developed and maintained with due regard to the specific needs of residents and patients and the safety and well-being of residents, staff and visitors.
- (4) Any premises in which the care and treatment of persons with a mental disorder or mental illness is begun after the commencement of these regulations shall be designed and developed or redeveloped specifically and solely for this purpose in so far as it practicable and in accordance with best contemporary practice.
- (5) Any approved centre in which the care and treatment of persons with a mental disorder or mental illness is begun after the commencement of these regulations shall ensure that the buildings are, as far as practicable, accessible to persons with disabilities.
- (6) This regulation is without prejudice to the provisions of the Building Control Act 1990, the Building Regulations 1997 and 2001, Part M of the Building Regulations 1997, the Disability Act 2005 and the Planning and Development Act 2000.

LEVEL OF COMPLIANCE	DESCRIPTION	2012	2013	2014
Fully compliant	Evidence of full compliance with this Article.	X	X	
Substantial compliance	Evidence of substantial compliance with this Article but additional improvement needed.			

UNSATISFACTORY PERFORMANCE				
LEVEL OF COMPLIANCE	DESCRIPTION	2012	2013	2014
Minimal compliance	Effort has been made to achieve compliance with this Article but significant improvement is still needed.			Х
Not compliant	Service was unable to demonstrate structures or processes to be compliant with this Article.			

The approved centre was bright and well maintained, but somewhat cramped, with inadequate office and storage space. Of concern was that there was just one toilet for all residents. Given the elderly population served, this was inadequate. Staff reported that conditions were very difficult when the unit was infiltrated during the year by the norovirus.

**Breach:** 22(3)

# Article 23: Ordering, Prescribing, Storing and Administration of Medicines

- (1) The registered proprietor shall ensure that an approved centre has appropriate and suitable practices and written operational policies relating to the ordering, prescribing, storing and administration of medicines to residents.
- (2) This Regulation is without prejudice to the Irish Medicines Board Act 1995 (as amended), the Misuse of Drugs Acts 1977, 1984 and 1993, the Misuse of Drugs Regulations 1998 (S.I. No. 338 of 1998) and 1993 (S.I. No. 338 of 1993 and S.I. No. 342 of 1993) and S.I. No. 540 of 2003, Medicinal Products (Prescription and control of Supply) Regulations 2003 (as amended).

LEVEL OF COMPLIANCE	DESCRIPTION	2012	2013	2014
Fully compliant	Evidence of full compliance with this Article.	X		X
Substantial compliance	Evidence of substantial compliance with this Article but additional improvement needed.		X	

UNSATISFACTORY PERFORMANCE					
LEVEL OF COMPLIANCE	DESCRIPTION	2012	2013	2014	
Minimal compliance	Effort has been made to achieve compliance with this Article but significant improvement is still needed.				
Not compliant	Service was unable to demonstrate structures or processes to be compliant with this Article.				

## Justification for this rating:

The service had a policy on the ordering, prescribing, storing and administration of medication.

# **Article 24: Health and Safety**

- (1) The registered proprietor shall ensure that an approved centre has written operational policies and procedures relating to the health and safety of residents, staff and visitors.
- (2) This regulation is without prejudice to the provisions of Health and Safety Act 1989, the Health and Safety at Work Act 2005 and any regulations made thereunder.

LEVEL OF COMPLIANCE	DESCRIPTION	2012	2013	2014
Fully compliant	Evidence of full compliance with this Article.	X	X	X
Substantial compliance	Evidence of substantial compliance with this Article but additional improvement needed.			

UNSATISFACTORY PERFORMANCE				
LEVEL OF COMPLIANCE	DESCRIPTION	2012	2013	2014
Minimal compliance	Effort has been made to achieve compliance with this Article but significant improvement is still needed.			
Not compliant	Service was unable to demonstrate structures or processes to be compliant with this Article.			

# Justification for this rating:

An up-to-date policy on Health and Safety was available.				

# Article 25: Use of Closed Circuit Television (CCTV)

CCTV was not used in the approved centre.

# **Article 26: Staffing**

- (1) The registered proprietor shall ensure that the approved centre has written policies and procedures relating to the recruitment, selection and vetting of staff.
- (2) The registered proprietor shall ensure that the numbers of staff and skill mix of staff are appropriate to the assessed needs of residents, the size and layout of the approved centre.
- (3) The registered proprietor shall ensure that there is an appropriately qualified staff member on duty and in charge of the approved centre at all times and a record thereof maintained in the approved centre.
- (4) The registered proprietor shall ensure that staff have access to education and training to enable them to provide care and treatment in accordance with best contemporary practice.
- (5) The registered proprietor shall ensure that all staff members are made aware of the provisions of the Act and all regulations and rules made thereunder, commensurate with their role.
- (6) The registered proprietor shall ensure that a copy of the Act and any regulations and rules made thereunder are to be made available to all staff in the approved centre.

WARD OR UNIT	STAFF TYPE	DAY	NIGHT
Hawthorn	CNM3	1	1 Shared with Joyce Rooms
	CNM2	1 (on leave on the day of inspection)	0
	RPN	3	3
	Nurse intern	1	0
	HCA	1	1
	Housekeeping	1	

Clinical Nurse Manager (CNM), Registered Psychiatric Nurse (RPN)), Health Care Assistant (HCA).

LEVEL OF COMPLIANCE	DESCRIPTION	2012	2013	2014
Fully compliant	Evidence of full compliance with this Article.	X		
Substantial compliance	Evidence of substantial compliance with this Article but additional improvement needed.		X	X

UNSATISFACTORY PERFORMANCE				
LEVEL OF COMPLIANCE	DESCRIPTION	2012	2013	2014
Minimal compliance	Effort has been made to achieve compliance with this Article but significant improvement is still needed.			
Not compliant	Service was unable to demonstrate structures or processes to be compliant with this Article.			

The HSE procedures for the recruitment, selection and vetting of staff applied.

On the day of inspection the CNM2 was on leave and not replaced. Two staff members were providing continuous observation for two patients resulting in just one nursing staff member being available for other duties. The same level of cover was required at night.

On the day of inspection, staff reported that the CNM3 based in Joyce Rooms was in charge. The Inspectorate was informed after the inspection that there was a dedicated CNM3 post for the approved centre.

The multidisciplinary team was fully staffed, in accordance with the recommendations of *A Vision for Change*. A copy of the training log was available to the Inspectorate.

**Breach:** 26(2),(3)

#### **Article 27: Maintenance of Records**

- (1) The registered proprietor shall ensure that records and reports shall be maintained in a manner so as to ensure completeness, accuracy and ease of retrieval. All records shall be kept up-to-date and in good order in a safe and secure place.
- (2) The registered proprietor shall ensure that the approved centre has written policies and procedures relating to the creation of, access to, retention of and destruction of records.
- (3) The registered proprietor shall ensure that all documentation of inspections relating to food safety, health and safety and fire inspections is maintained in the approved centre.
- (4) This Regulation is without prejudice to the provisions of the Data Protection Acts 1988 and 2003 and the Freedom of Information Acts 1997 and 2003.

Note: Actual assessment of food safety, health and safety and fire risk is outside the scope of these Regulations which refer only to maintenance of records pertaining to these areas.

LEVEL OF COMPLIANCE	DESCRIPTION	2012	2013	2014
Fully compliant	Evidence of full compliance with this Article.	X		X
Substantial compliance	Evidence of substantial compliance with this Article but additional improvement needed.		X	

UNSATISFACTORY PERFORMANCE				
LEVEL OF COMPLIANCE	DESCRIPTION	2012	2013	2014
Minimal compliance	Effort has been made to achieve compliance with this Article but significant improvement is still needed.			
Not compliant	Service was unable to demonstrate structures or processes to be compliant with this Article.			

#### Justification for this rating:

There was a policy on the creation of, access to, retention of, and destruction of records. The clinical files were in good order and information was easy to retrieve. This would be further enhanced by the use of coloured stickers for each discipline. A copy of the most recent fire alarm test report, Environmental Health Officer's report, and the Health and Safety policy were made available to the inspectors on the day of inspection.

#### **Article 28: Register of Residents**

- (1) The registered proprietor shall ensure that an up-to-date register shall be established and maintained in relation to every resident in an approved centre in a format determined by the Commission and shall make available such information to the Commission as and when requested by the Commission.
- (2) The registered proprietor shall ensure that the register includes the information specified in Schedule 1 to these Regulations.

LEVEL OF COMPLIANCE	DESCRIPTION	2012	2013	2014
Fully compliant	Evidence of full compliance with this Article.	X	X	X
Substantial compliance	Evidence of substantial compliance with this Article but additional improvement needed.			

UNSATISFACTORY PERFORMANCE				
XLEVEL OF COMPLIANCE	DESCRIPTION	2012	2013	2014
Minimal compliance	Effort has been made to achieve compliance with this Article but significant improvement is still needed.			
Not compliant	Service was unable to demonstrate structures or processes to be compliant with this Article.			

#### Justification for this rating:

The Register of Residents was kept in accordance with the requirements of the Regulations.

### Article 29: Operating policies and procedures

The registered proprietor shall ensure that all written operational policies and procedures of an approved centre are reviewed on the recommendation of the Inspector or the Commission and at least every 3 years having due regard to any recommendations made by the Inspector or the Commission.

LEVEL OF COMPLIANCE	DESCRIPTION	2012	2013	2014
Fully compliant	Evidence of full compliance with this Article.	X	X	X
Substantial compliance	Evidence of substantial compliance with this Article but additional improvement needed.			

UNSATISFACTORY PERFORMANCE				
LEVEL OF COMPLIANCE	DESCRIPTION	2012	2013	2014
Minimal compliance	Effort has been made to achieve compliance with this Article but significant improvement is still needed.			
Not compliant	Service was unable to demonstrate structures or processes to be compliant with this Article.			

#### Justification for this rating:

Policies were up to date and in keeping with the requirements of the Regulations.

#### **Article 30: Mental Health Tribunals**

- (1) The registered proprietor shall ensure that an approved centre will co-operate fully with Mental Health Tribunals.
- (2) In circumstances where a patient's condition is such that he or she requires assistance from staff of the approved centre to attend, or during, a sitting of a mental health tribunal of which he or she is the subject, the registered proprietor shall ensure that appropriate assistance is provided by the staff of the approved centre.

LEVEL OF COMPLIANCE	DESCRIPTION	2012	2013	2014
Fully compliant	Evidence of full compliance with this Article.	X	X	X
Substantial compliance	Evidence of substantial compliance with this Article but additional improvement needed.			

UNSATISFACTORY PERFORMANCE				
LEVEL OF COMPLIANCE	DESCRIPTION	2012	2013	2014
Minimal compliance	Effort has been made to achieve compliance with this Article but significant improvement is still needed.			
Not compliant	Service was unable to demonstrate structures or processes to be compliant with this Article.			

#### Justification for this rating:

Mental health tribunals were facilitated in the approved centre and an appropriate room was provided for their purpose.

#### **Article 31: Complaints Procedures**

- (1) The registered proprietor shall ensure that an approved centre has written operational policies and procedures relating to the making, handling and investigating complaints from any person about any aspects of service, care and treatment provided in, or on behalf of an approved centre.
- (2) The registered proprietor shall ensure that each resident is made aware of the complaints procedure as soon as is practicable after admission.
- (3) The registered proprietor shall ensure that the complaints procedure is displayed in a prominent position in the approved centre.
- (4) The registered proprietor shall ensure that a nominated person is available in an approved centre to deal with all complaints.
- (5) The registered proprietor shall ensure that all complaints are investigated promptly.
- (6) The registered proprietor shall ensure that the nominated person maintains a record of all complaints relating to the approved centre.
- (7) The registered proprietor shall ensure that all complaints and the results of any investigations into the matters complained and any actions taken on foot of a complaint are fully and properly recorded and that such records shall be in addition to and distinct from a resident's individual care plan.
- (8) The registered proprietor shall ensure that any resident who has made a complaint is not adversely affected by reason of the complaint having been made.
- (9) This Regulation is without prejudice to Part 9 of the Health Act 2004 and any regulations made thereunder.

LEVEL OF COMPLIANCE	DESCRIPTION	2012	2013	2014
Fully compliant	Evidence of full compliance with this Article.	X	X	
Substantial compliance	Evidence of substantial compliance with this Article but additional improvement needed.			Х

UNSATISFACTORY PERFORMANCE				
LEVEL OF COMPLIANCE	DESCRIPTION	2012	2013	2014
Minimal compliance	Effort has been made to achieve compliance with this Article but significant improvement is still needed.			
Not compliant	Service was unable to demonstrate structures or processes to be compliant with this Article.			

#### Justification for this rating:

There was an up-to-date policy on the making of complaints. There was a nominated complaints officer based in St. Ita's Hospital. Within the unit, the CNM2 was designated to deal with complaints in the first instance. The HSE complaints procedure *'Your Service Your Say'* was displayed on notice boards. A comments box was available in the corridor, but staff reported no complaints had been identified. Staff reported that one complaint received during the year was not entered into a complaints log.

**Breach**: 31(7)

#### **Article 32: Risk Management Procedures**

- (1) The registered proprietor shall ensure that an approved centre has a comprehensive written risk management policy in place and that it is implemented throughout the approved centre.
- (2) The registered proprietor shall ensure that risk management policy covers, but is not limited to, the following:
- (a) The identification and assessment of risks throughout the approved centre;
- (b) The precautions in place to control the risks identified;
- (c) The precautions in place to control the following specified risks:
- (i) resident absent without leave,
- (ii) suicide and self harm,
- (iii) assault,
- (iv) accidental injury to residents or staff;
- (d) Arrangements for the identification, recording, investigation and learning from serious or untoward incidents or adverse events involving residents;
- (e) Arrangements for responding to emergencies;
- (f) Arrangements for the protection of children and vulnerable adults from abuse.
- (3) The registered proprietor shall ensure that an approved centre shall maintain a record of all incidents and notify the Mental Health Commission of incidents occurring in the approved centre with due regard to any relevant codes of practice issued by the Mental Health Commission from time to time which have been notified to the approved centre.

LEVEL OF COMPLIANCE	DESCRIPTION	2012	2013	2014
Fully compliant	Evidence of full compliance with this Article.	X	X	
Substantial compliance	Evidence of substantial compliance with this Article but additional improvement needed.			X

UNSATISFACTORY PERFORMANCE				
LEVEL OF COMPLIANCE	DESCRIPTION	2012	2013	2014
Minimal compliance	Effort has been made to achieve compliance with this Article but significant improvement is still needed.			
Not compliant	Service was unable to demonstrate structures or processes to be compliant with this Article.			

#### Justification for this rating:

The risk management policy was in accordance with the requirements of the Article. All residents had a risk assessment which was regularly reviewed. Arrangements were in place for reviewing incidents and the risk register was inspected by inspectors on the day of inspection. Staff reported there had been no serious incidents in the year to the date of inspection.

Incidents were recorded and uploaded on to the National Adverse Event Management System (NAEMS). Records of incidents were amalgamated with those of Dublin North Central before being notified to the Mental Health Commission. Notifications had not been sent into the Mental Health Commission in accordance with the requirements of the Code of Practice.

**Breach:** 32(3)

### **Article 33: Insurance**

The registered proprietor of an approved centre shall ensure that the unit is adequately insured against accidents or injury to residents.

LEVEL OF COMPLIANCE	DESCRIPTION	2012	2013	2014
Fully compliant	Evidence of full compliance with this Article.	X	X	X
Substantial compliance	Evidence of substantial compliance with this Article but additional improvement needed.			

UNSATISFACTORY PERFORMANCE					
LEVEL OF COMPLIANCE	DESCRIPTION	2012	2013	2014	
Minimal compliance	Effort has been made to achieve compliance with this Article but significant improvement is still needed.				
Not compliant	Service was unable to demonstrate structures or processes to be compliant with this Article.				

### Justification for this rating:

The approved centre was insured under the State Indemnity Scheme.	

### **Article 34: Certificate of Registration**

The registered proprietor shall ensure that the approved centre's current certificate of registration issued pursuant to Section 64(3)(c) of the Act is displayed in a prominent position in the approved centre.

LEVEL OF COMPLIANCE	DESCRIPTION	2012	2013	2014
Fully compliant	Evidence of full compliance with this Article.	X	X	X
Substantial compliance	Evidence of substantial compliance with this Article but additional improvement needed.			

UNSATISFACTORY PERFORMANCE					
LEVEL OF COMPLIANCE	DESCRIPTION	2012	2013	2014	
Minimal compliance	Effort has been made to achieve compliance with this Article but significant improvement is still needed.				
Not compliant	Service was unable to demonstrate structures or processes to be compliant with this Article.				

#### Justification for this rating:

The current Certificate of Registration was displayed in the approved centre.

# 2.3 EVIDENCE OF COMPLIANCE WITH RULES – MENTAL HEALTH ACT 2001 SECTION 52 (d)

### **SECLUSION**

**Use:** Seclusion was not used in the approved centre.

## **Electroconvulsive Therapy (ECT) (DETAINED PATIENTS)**

**Use:** ECT was not used in the approved centre and no patient was receiving ECT elsewhere on the day of inspection.

#### **MECHANICAL RESTRAINT**

**Use:** Mechanical restraint was not used in the approved centre. Part 5 of the Rules on the use of Mechanical Means of Bodily Restraint (MMBR) for Enduring Risk to Self or Others, was used.

SECTION	DESCRIPTION	FULLY COMPLIANT	SUBSTANTIALLY	MINIMAL COMPLIANCE	NOT COMPLIANT
1	General principles	NOT APPLICABLE			
14	Orders	NOT APPLICABLE			
15	Patient dignity and safety	NOT APPLICABLE			
16	Ending mechanical restraint	NOT APPLICABLE			
17	Recording use of mechanical restraint	NOT APPLICABLE			
18	Clinical governance	NOT APPLICABLE			
19	Staff training	NOT APPLICABLE			
20	Child patients	NOT APPLICABLE			
21	Part 5: Use of mechanical means of bodily restraint for enduring self-harming behaviour	X			

#### Justification for this rating:

The prescription for the use of mechanical restraint for use in Part 5 of the Rules was documented in the clinical file of one resident who was mechanically restrained and it was compliant with the Rule.

# 2.4 EVIDENCE OF COMPLIANCE WITH CODES OF PRACTICE – MENTAL HEALTH ACT 2001 SECTION 51 (iii)

#### **PHYSICAL RESTRAINT**

**Use:** Physical restraint had not been used in the approved centre.

SECTION	DESCRIPTION	FULLY COMPLIANT	SUBSTANTIALLY COMPLIANT	MINIMAL COMPLIANCE	NOT COMPLIANT
1	General principles	NOT APPLICABLE			
5	Orders	NOT APPLICABLE			
6	Resident dignity and safety	NOT APPLICABLE			
7	Ending physical restraint	NOT APPLICABLE			
8	Recording use of physical restraint	NOT APPLICABLE			
9	Clinical governance	x			
10	Staff training	X			
11	Child residents	NOT APPLICABLE			

### Justification for this rating:

There was a policy on physical restraint. However, the policy was a general North Dublin policy and was included in the Hawthorn Unit policy folder. Staff stated that physical restraint was not used in Hawthorn Unit. At the time of inspection, one resident had been transferred into the Hawthorn Unit from the Joyce Rooms. Three patients were detained. Discussion with staff identified that the need for physical restraint might arise in the future in light of the current transfer practices. The policy on physical restraint should be applicable to the Hawthorn Unit and staff should be apprised of such a unit specific policy.

## **ADMISSION OF CHILDREN**

**Description:** Children were not admitted to the approved centre.

#### NOTIFICATION OF DEATHS AND INCIDENT REPORTING

**Description:** There had been three deaths in the approved centre since the last inspection.

SECTION	DESCRIPTION	FULLY COMPLIANT	SUBSTANTIALLY COMPLIANT	MINIMAL COMPLIANCE	NOT COMPLIANT
2	Notification of deaths	X			
3	Incident reporting		X		
4	Clinical governance (identified risk manager)	X			

#### Justification for this rating:

No incident reports had been received from Hawthorn Unit by the Mental Health Commission in 2013. This was a breach of the Code of Practice which requires six-monthly reports. A report was received subsequent to the inspection.

Staff reported no serious incidents had occurred since the last inspection. There was a named risk manager who was responsible for risk management in the approved centre. The service was not compliant with Article 32 Risk Management Procedures.

Breach: 3.5

## **Electroconvulsive Therapy (ECT) FOR VOLUNTARY PATIENTS**

**Use:** ECT was not used in the approved centre. No resident was receiving ECT elsewhere on the day of inspection.

#### ADMISSION, TRANSFER AND DISCHARGE

#### Part 2 Enabling Good Practice through Effective Governance

The following aspects were considered: 4. policies and protocols, 5. privacy confidentiality and consent, 6. staff roles and responsibility, 7. risk management, 8. information transfer, 9. staff information and training.

#### Level of compliance:

FULLY COMPLIANT	SUBSTANTIALLY COMPLIANT	MINIMAL COMPLIANCE	NOT COMPLIANT
	X		

#### Justification for this rating:

The approved centre had policies relating to the admission, transfer and discharge of residents. The approved centre was compliant with Article 8 Residents' Personal Property and Possessions and with Article 23 Ordering, Storing, Prescribing and Administration of Medicines. It was not fully compliant with Article 32 Risk Management Procedures.

#### **Part 3 Admission Process**

The following aspects were considered: 10. pre-admission process, 11. unplanned referral to an Approved Centre, 12. admission criteria, 13. decision to admit, 14. decision not to admit, 15. assessment following admission, 16. rights and information,17. individual care and treatment plan, 18. resident and family/carer/advocate involvement, 19. multidisciplinary team involvement, 20. key-worker, 21. collaboration with primary health care community mental health services, relevant outside agencies and information transfer, 22. record-keeping and documentation, 23. day of admission, 24. specific groups.

#### Level of compliance:

FULLY COMPLIANT	SUBSTANTIALLY COMPLIANT	MINIMAL COMPLIANCE	NOT COMPLIANT
	X		

#### Justification for this rating:

The clinical file of one resident who had recently been admitted to the approved centre was inspected. That resident had been admitted to the unit to alleviate a bed shortage in another approved centre. In these circumstances, just as in the case of the 2013 Inspection Report, it could not be said that the admission to this unit was in the best interests of the resident. The service operated a key worker system. The approved centre was fully compliant with Article 7 Clothing; Article 8 Residents' Personal Property and Possessions; Article 15 Individual Care Plans and Article 20 Provision of Information to Residents.

Breach: 12.2

#### **Part 4 Transfer Process**

The following aspects were considered: 25. Transfer criteria, 26. decision to transfer, 27. assessment before transfer, 28. resident involvement, 29. multidisciplinary team involvement, 30. communication between Approved Centre and receiving facility and information transfer, 31. record-keeping and documentation, 32. day of transfer.

#### Level of compliance:

FULLY COMPLIANT	SUBSTANTIALLY COMPLIANT	MINIMAL COMPLIANCE	NOT COMPLIANT
NOT INSPECTED			

#### Justification for this rating:

As no resident had been transferred to another approved centre or general hospital in 2014, it was not possible to inspect on the Code of Practice on Transfers.

#### Part 5 Discharge Process

The following aspects were considered: 33. Decision to discharge, 34. discharge planning, 35. predischarge assessment, 36. multi-disciplinary team involvement, 37. key-worker, 38. collaboration with primary health care, community mental health services, relevant outside agencies and information transfer, 39. resident and family/carer/advocate involvement and information provision, 40. notice of discharge, 41. follow-up and aftercare, 42. record-keeping and documentation, 43. day of discharge, 44. specific groups.

#### Level of compliance:

FULLY COMPLIANT	SUBSTANTIALLY COMPLIANT	MINIMAL COMPLIANCE	NOT COMPLIANT
x			

#### Justification for this rating:

The clinical files of two residents who had been discharged to nursing home facilities were examined. There was evidence in the clinical files that the residents' families had been involved in the plan to discharge the residents and the residents' general practitioners (GPs) had been informed of the discharge. All relevant documentation was completed satisfactorily.

## HOW MENTAL HEALTH SERVICES SHOULD WORK WITH PEOPLE WITH AN INTELLECTUAL DISABILITY AND MENTAL ILLNESS

**Description:** No resident had an intellectual disability and a mental illness.

The following aspects were considered: 5. policies, 6. education and training, 7. inter-agency collaboration, 8. individual care and treatment plan, 9.communication issues, 10. environmental considerations, 11. considering the use of restrictive practices, 12. main recommendations, 13. assessing capacity.

#### Level of compliance:

FULLY COMPLIANT	SUBSTANTIALLY COMPLIANT	MINIMAL COMPLIANCE	NOT COMPLIANT
	X		

#### Justification for this rating:

There was an up-to-date policy on working with people with intellectual disability. Training on working with people with intellectual disability had not taken place.

**Breach:** 6.1, 6.2

# 2.5 EVIDENCE OF COMPLIANCE WITH SECTIONS 60/61 MENTAL HEALTH ACT 2001 (MEDICATION)

#### **SECTION 60 – ADMINISTRATION OF MEDICINE**

**Description:** Two patients had been in the approved centre for longer than three months and had been prescribed medication.

SECTION	FULLY COMPLIANT	NOT COMPLIANT
Section 60 (a)	NOT APPLICABLE	
Section 60 (b)(i)	х	
Section 60 (b)(ii)	х	

#### Justification for this rating:

Form 17s had been completed in relation to the continuing administration of medication, to two patients who were resident for more than three months.

# SECTION 61 – TREATMENT OF CHILDREN WITH SECTION 25 MENTAL HEALTH ACT 2001 ORDER IN FORCE

**Description:** Children were not admitted to the approved centre and section 61 did not apply.

#### SECTION THREE: OTHER ASPECTS OF THE APPROVED CENTRE

#### **SERVICE USER INTERVIEWS**

No resident asked to speak to the inspectors during the course of inspection.

## THE QUALITY FRAMEWORK -MENTAL HEALTH SERVICES, AS IT APPLIES TO APPROVED CENTRES, IN THIS INSPECTION

Theme 1 Provision of a holistic seamless service and the full continuum of care provided by a multidisciplinary team.

There was evidence in the approved centre of an integrated multidisciplinary approach to care planning. All residents had clear referral pathways and there was evidence in the clinical files of contact with primary and other tertiary care services. There was evidence in the approved centre of the therapeutic programmes undertaken by residents.

## Theme 2 Respectful, empathetic relationships are required between people using the Mental Health Services and those providing them

Residents had access to religious services of their choice. Information leaflets were available. A member of the Irish Advocacy Network had visited the day before the inspection.

## Theme 3 An empowering approach to service delivery is beneficial to both people using the service and those providing it

Staff were observed, during the course of the inspection, interacting in a warm respectful way with the residents, some of whom were unable to fully respond. The atmosphere created in the unit was bright and welcoming and a Recovery approach was evident from the clinical flies. Information was displayed on carousels and a representative of the Irish Advocacy Network had visited the day prior to inspection.

## Theme 4 A quality physical environment that promotes good health and upholds the security and safety of service users

The approved centre was well maintained and clean on the day of inspection. However, there was a general lack of space for both staff and residents. The exterior garden was very small and there was just one toilet for all patients in the approved centre. Residents had access to a well balanced diet.

#### Theme 5 Access to services

There was evidence in the clinical files of patient access to the medical services in Connolly Hospital as well as to community care services as needed.

#### Theme 6 Family/chosen advocate involvement and support

There was evidence in the clinical files of family involvement in-patient care and in the development of the individual care plans.

## Theme 7 Staff skills, expertise and morale are key influences in the delivery of a quality mental health service

Staff were observed to be positive and proactive with residents during the course of the inspection. They reported they had access to training and one staff member was receiving specialised training in dementia care.

## Theme 8 Systematic evaluation and review of mental health services underpinned by best practice, will enable providers to deliver quality services

Appropriate policies and protocols were in place. There was no integrated mental health information system. There were named complaints and risk managers. Clinical incidents were not reported to the Mental Health Commission on a six-monthly basis.

#### **OVERALL CONCLUSIONS OF THIS INSPECTION**

This specialised psychiatry of old age centre provided a high quality service to a small number of elderly patients. Individual care plans were provided and there was evidence of good multidisciplinary working. The premises were limited in terms of space and facilities were inadequate for the population served.

#### **RECOMMENDATIONS 2014**

- 1. The move to the purpose built facility in Beaumont Hospital should proceed as soon as possible.
- 2. Education and training in working with people with an intellectual disability must be provided in accordance with the Code of Practice.
- Training in Children First must be provided in accordance with the requirements of the Children First Guidelines 2011
- 4. A six-monthly summary of incidents should be sent to the Mental Health Commission in accordance with the Code of Practice on the *Notification of Deaths and Incident Reporting*.
- 5. All policies should be specific to the approved centre.
- 6. All complaints must be entered into the complaints log.