

## Mental Health Commission

### Minutes of Meeting of Monday 15<sup>th</sup> April 2013

**11:00am – 5:00pm**

**Held at  
Offices of the MHC  
St. Martin's House,  
Waterloo Road  
Dublin 4**

**Present:**

<b>Commission Members</b>	<b>Initials</b>
John Saunders – Chairman	JS
Catherine O'Rorke	COR
Ned Kelly	NK
Mary Keys	MK
Patricia O'Sullivan Lacy	POSL
Pauline Gill	PG
Xavier Flanagan	XF
Martin Rogan	MR
Michael Byrne	MB
Anne Jeffers	AJ
Maeve Doyle	MD

**Apologies:**

John Redican	JR
Colette Nolan	CN

**Executive In Attendance:**

Patricia Gilheaney – Chief Executive (CE)	PCG
Marina Duffy – A/Higher Executive Officer	MBD
Ray Mooney – Board Secretary	RM
The following members of the Inspectorate attended for item 4.1	
Patrick Devitt	PD
Susan Finnerty	SF
Fionnuala O'Loughlin	F'OL
Sean Logue	SL
Maeve Martin	MM

Orla O'Neill	O'ON
Patricia Doherty	PD
Colette Ryan	CR
Cathal Magnier	CM

**External Attendees:**

Item 4.2 See Change Presentations	
Kahlil Thompson	KT
Sorcha Lowry	SL

<p>The Chair (JS) welcomed Members and opened the April Commission meeting. The Chair (JS) informed Members that JR was currently in hospital and he extended best wishes on behalf of himself and all the Commission members. He also gave apologies for CN.</p> <p>The Chair outlined the plan/schedule for today's meeting agenda.</p>	
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<b>1. Minutes of Meeting held on 15<sup>th</sup> March 2013</b>	<b>Actions</b>
<p>The Minutes of the meeting of 15<sup>th</sup> March 2013 were approved and agreed:</p> <p>Proposed by: NK Seconded by: COR</p>	

<b>1.1 Matters Arising from Minutes of 15<sup>th</sup> March, 2013</b>	
<p>There were no matters arising for further mention. CE confirmed that all action items had been completed.</p>	

<b>4. Consideration of Reports</b>	
<p>4.1 <u>Presentation by Inspectorate of Mental Health Services on 2012 Inspections</u></p> <p>The Chair (JS) welcomed the Inspectorate of Mental Health Services team to the meeting. The following presentations were made:-</p> <p><i>National Overview Reports 2012</i></p> <p>Occupational Therapy - (O.O'N) Social Work - (P.O'D)</p>	

Service User, Carer, Family Representative,  
Consumer Panels and Advocacy Groups - (M.M.)

### *Compliance Reports 2012*

Compliance with Rules Governing the use of Seclusion and  
Mechanical Means of Bodily Restraint - (S.F.)  
Compliance with Article 15 Mental Health Act 2001  
(Approved Centres) Regulations 2006 - (S.F.)  
Compliance with the Code of Practice on the use  
of Physical Restraint in Approved Centres - (S.F.)  
Comparison of Compliance Ratings Approved  
Centre Self-Assessment versus Approved Centres  
Inspection reports 2010 – 2012 - (O.O'N)  
Approved Centres Areas of Concern 2012 - (S.L.)

### *Themed Reports 2012*

A review of 24 hour nurse staffed community residences - (S.F.)  
Child & Adolescent Mental Health Services  
Admissions of Children to Adult Units - (S.F.)  
Prescribing practices in 24 HR Nurse Staffed Community  
Residences - (F.O'L.)  
19<sup>th</sup> Century Public Psychiatric Hospitals due for closure - (S.L.)

*National Overview of Mental Health Services* - (P.D.)

Some general discussion and a questions and answers sessions  
was facilitated at the end of the presentations.

On behalf of the Commission the Chair thanked the Inspector and  
the Inspectorate team for their presentations.

#### 4.2 Presentation by Representatives of See Change

JS absented himself for this item on the agenda.

MB agreed to Chair the meeting for this item.

KT and SL, representatives from the See Change Campaign joined  
the meeting.

Following general introductions KT and SL were invited to address  
the Members. Their presentation included the following:-

<ul style="list-style-type: none"> <li>• Overview of 'make a ripple' campaign</li> <li>• Theory of Change for stigma-reduction programmes</li> <li>• Overview of media advertisements</li> <li>• Have attitude changed from 2010 – 2012?</li> <li>• Evaluation Strategy for Phase 1</li> <li>• Research and evaluation challenges</li> <li>• Target Groups 1, 3 &amp; 3</li> <li>• Media and online activity/ arts activity/ grassroots activity</li> </ul> <p>KT also provided details of the overall budget for See Change and the MHC contribution for 2011 &amp; 2012 was circulated.</p> <p>It was noted that See Change was established to ensure a cohesive overarching approach to stigma reduction in relation to mental ill health and that it was a partnership of a number of bodies/organisations.</p> <p>In response to a request from a Member, KT outlined See Change plans for 2013. The workplace initiative was noted and it was agreed that this initiative is also pertinent to mental health services.</p> <p>MB thanked KT and SL on behalf of the Commission and KT and SL left the meeting.</p> <p>General discussion ensued and it was agreed that a funding contribution would be provided to See Change for 2013. Due to the current economic constraints, a contribution of €45k will be made. This represents a reduction on the 2011 and 2012 contributions.</p> <p>PCG was requested to inform See Change of the Commission's decision and in light of the current economic environment and the Commission's new strategic plan, that it would be unlikely that the Commission would be making a contribution in 2014. PCG to also suggest that mental health services may benefit from the workplace initiative.</p> <p>JS re-joined the meeting.</p>	<p>PCG</p>
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<p><b>2. Chairman's Business &amp; Matters for Mention</b></p>	
<p>(i) Report on Summary of Inspections/Meetings / Whole Service Evaluations (WSE's) X 4</p> <p>The Chair (JS) referred Members to the summary report and Whole Service Evaluation Reports x 4 from the Inspectorate of</p>	

<p>Mental Health Services which were included in their pack. The WSE's formed part of the presentation earlier in the day.</p> <p>(ii) Correspondence received 27.03.13 reference CAMHS approved centre.</p> <p>The Chair (JS) informed Members that this item would be covered as part of the CE's business.</p> <p>(iii) MR update ref. IIMHL</p> <p>The Chair (JS) proposed that this item would be taken later in the agenda.</p> <p>(iv) Governance Forum</p> <p>The Chair (JS) updated members regarding the meeting held on 11 April 2013.</p>	
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<p><b>3. CEO's Report</b></p> <p><b>Part One – For Information</b></p> <p>1.3 Legal Matters</p> <p>(d) MX Case</p> <p>The CE (PCG) updated Members in relation to actions taken regarding the amendment of Form 17.</p> <p>1.4 MHC Staffing</p> <p>Assistant Inspector of Mental Health Services (Service User)</p> <p>PCG (CE) informed members of legal advice received. It was agreed by members to proceed as originally planned.</p> <p>The Chair (JS) noted that a number of the current Assistant Inspector contracts of service are due to expire during 2013. The number of WTE professional posts within the Inspectorate was agreed by the first Commission at the development stage of the organisation. As the needs of the organisation have evolved JS proposed that consideration be given to carrying out a review of the Inspectorate staffing requirements in</p>	<p><b>PCG</b></p>
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<p>2013/2014.</p> <p>Director of Mental Health Tribunals &amp; Legal Affairs</p> <p>The CE (PCG) informed members the new Director will be taking up position within the Commission on 13 May 2013.</p> <p>1.5 MHT Panels Recruitment</p> <p>PCG (CE) confirmed that a project meeting with PAS has been scheduled for Monday 22.04.13. The panels advertisement will go live on 26<sup>th</sup> April with a closing date of 9<sup>th</sup> May, 2013.</p> <p>1.6 MHC Strategic Plan 2013 - 2015</p> <p>The CE (PCG) updated Members on correspondence received from Minister of State, Kathleen Lynch T.D. regarding the Commission's draft Strategic Plan (SP) 2013 – 2015. The SP was approved for publication subject to incorporation of the minor addition proposed.</p>	<p><b>PCG</b></p> <p><b>MBD</b></p>
<p>1.8 Seclusion &amp; Physical Restraint Reduction Strategy</p> <p>The proposal as outlined in the CE report was approved by members.</p> <p>1.9 Meeting with HSE National Director, Quality &amp; Patient Safety</p> <p>The CE (PCG) informed members that a review as requested by the Commission into a particular case was in the process of being arranged by the Office of the National Director, Quality &amp; Patient Safety.</p> <p>A separate matter which was notified to the Commission was also discussed at the meeting.</p> <p>The possibility of undertaking joint initiatives to assist in addressing some of the issues highlighted was discussed.</p> <p>1.10 Meeting with Chief Architectural Advisor, HSE Estates</p> <p>The CE (PCG) updated members on the meeting which convened on 10 April 2013. The CE (PCG) advised that an implementation plan with timeframes will be forwarded to the MHC when completed by HSE Estates.</p>	

<p>1.11 Health, Social Care and Regulatory Forum</p> <p>The CE (PCG) updated members on the above meeting which convened on 9<sup>th</sup> April 2013.</p> <p>1.13 Correspondence from CAMHS Approved Centre</p> <p>The CE (PCG) informed Members regarding correspondence received by her, the Chairman and Inspector via email on 27.03.13 from the Clinical Director of an Approved Centre (CAMHS) and the actions that have been taken upon receipt to date. The Interim Director Standards and Quality Assurance and PCG are undertaking a review and a report will be prepared.</p> <p><b>Part Two – For Discussion</b></p> <p>2.2 Management Accounts month ending 28th February 2013</p> <p>The Management Accounts for month ending 28<sup>th</sup> February, 2013 were considered and agreed.</p> <p>The CE (PCG) in response to a query from POSL advised that the budget for 2013 was not included as the Commission had not received its allocation at that time. The relevant information will be included in the March Management accounts which will be available at the May meeting.</p> <p>Proposed by: MR Seconded by: PG</p> <p>2.1 Expert Group on Review of Mental Health Act 2001</p> <p>The CE (PCG) provided a background to Members on the work of the group to-date, including the number of meetings which have been held, the key legislative areas under review and an outline of the proposed structure of the draft report.</p> <p>Members will be kept informed as matters progress.</p>	<p>PCG</p> <p>PCG</p>
<p><b>2. Item delayed on agenda from Chairman’s Business</b></p> <p>(iii) IIMHL 2013 Common Commitment Communique</p>	

<p>MR updated Members on the IIMHL conference which he attended in March and the Common Commitment Communique which has been developed. MR recommended to the Chair and Members that the Commission sign up to the Commitment.</p> <p>Members were in agreement with this recommendation.</p>	<p><b>PCG</b></p>
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<p><b>5. Reports of Committees</b></p> <p><b>5.1 Audit &amp; Finance Committee</b></p> <p>POSL, Chair of the Audit and Finance Committee informed members that the Committee met on 21 March 2013 and held a teleconference on 22<sup>nd</sup> March 2013, an update regarding the meeting agenda items was provided to Members. POSL informed Members that the Draft Financial Statements for 2012 had been presented to the Audit Committee by a Director from Crowleys DFK and were approved for presentation and consideration of Members at the May Commission meeting.</p> <p><b>5.2 Legislation Committee</b></p> <p>PG updated Members on the work of the Legislation Committee and the Committee meeting which took place on Friday 12<sup>th</sup> April, 2013 and which F.O'L attended from the Inspectorate.</p>	
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<p><b>6. Correspondence</b></p> <p>The CE (PCG) reviewed the correspondence listed from 08.03.13 to 05.04.13.</p>	
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<p><b>7. A.O.B.</b></p> <ul style="list-style-type: none"> <li>- PCG (CE) reminded members that as agreed at the December 2012 meeting, the Minutes of the first quarter 2013 will be made available on the website.</li> <li>- The Chair (JS) confirmed that the two-day June Commission meeting will take place in Dublin.</li> </ul>	
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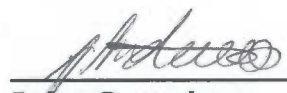


<b>8. Date of Next Meeting</b>	
Friday 17 <sup>th</sup> May 2013	

### Action Points

No.	Action	Person Responsible	Timeframe
4.2	CE to write to SEE Change	PCG	Prior to May meeting
CEs Report 1.4	Review of Inspectorate Structure	JS/PCG	Late 2013/2014
CE's Report 1.6	MHC Strategic Plan publication	PCG/MBD	Prior to May meeting
Chair's Business item taken in CE Report	Governance Forum Marina this is a point under the Chairman's business	JS	May meeting
CE's Report 1.13	Internal Review	PCG	Update at May meeting
Chair's Business 2(iii)	Agreement with IIMHL Common Commitment Communique	PCG	Following April meeting
7. A.O.B.	Q1 Minutes on MHC Website	PCG/MD	Following April meeting

Signed:

  
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**John Saunders**  
 Chairman

